

MUSIC city COUNSELOR

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Please contact me any time at
laura@musiccitycounselor.com if you have
questions, suggestions, or requests for
resources! I am here for you!

let's connect!



For helpful ideas and free resources, please check out my website!
www.musiccitycounselor.com

DIRECTIONS:

Let's Make I-Messages Pizza Activity:

This interactive activity lets students practice solving small problems using an I-Message by making I-Messages pizzas! It is offered in both full color and black/white so please only print the pages that you need.

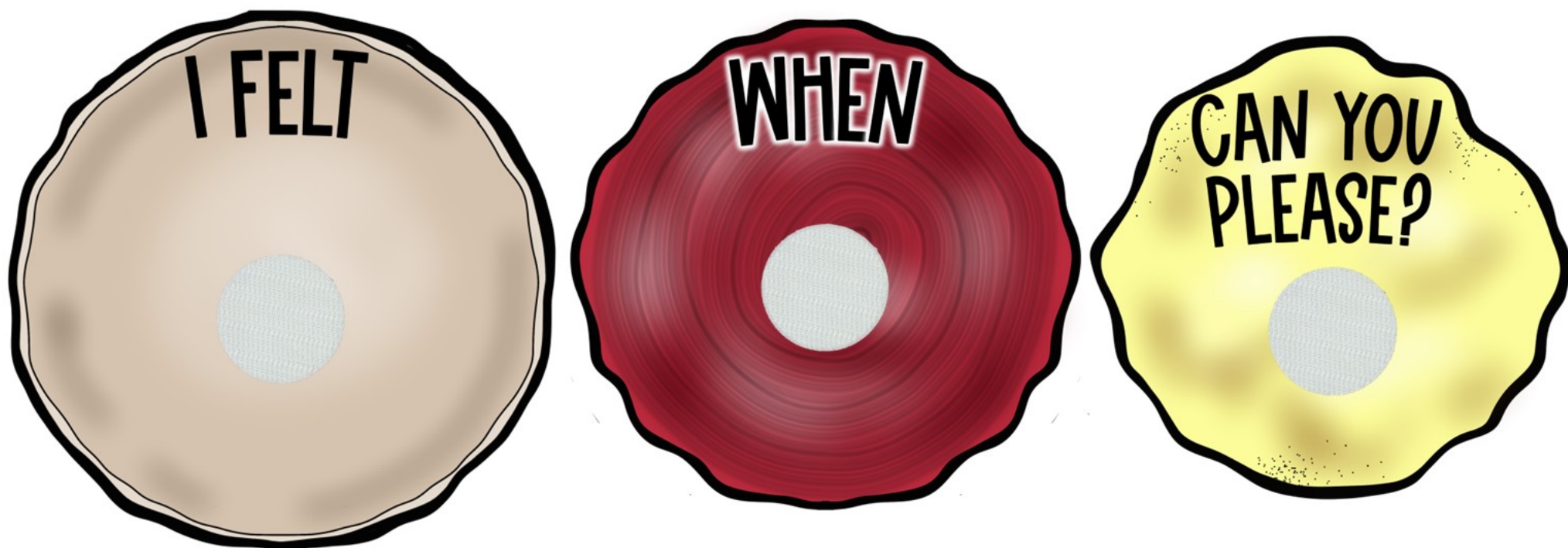
Please see the sample images on the next slide.

To set up the activity, please cut out the pizza pan, crust, sauce, cheese, and scenario cards. You may choose to put a hook-and-loop fastener dot on the crust, sauce and cheese. Then, put the other side of the hook-and-loop fastener dot on the back of each scenario card. This makes the activity interactive and reusable.

To play, please lay out all of the scenario cards on a table in front of students. Please put the pan, crust, sauce, and cheese in front of students in a line. Students first choose a red "when" card. They place it on the "when" sauce. Then, they choose a brown "I felt" card that shows how they would feel if the small problem on the "when" card happened to them. They place it on the "I felt" crust. Then, they choose a yellow "can you please" card that would help them solve the small problem and place it on the cheese. Finally, they read aloud the I-Message they have created. Then, they can put it together like a pizza (pan → crust → sauce → cheese).

You can choose to play this game with a whole classroom of students on a projector, with a small group of students, or in centers.

HOOK AND LOOP FASTENER DOTS GO HERE



AND ON THE BACK OF EACH CARD

SAMPLE:

STEP 1:



STEP 2:



SAMPLE:

STEP 3:

PUT IT TOGETHER:



**FULL
COLOR**

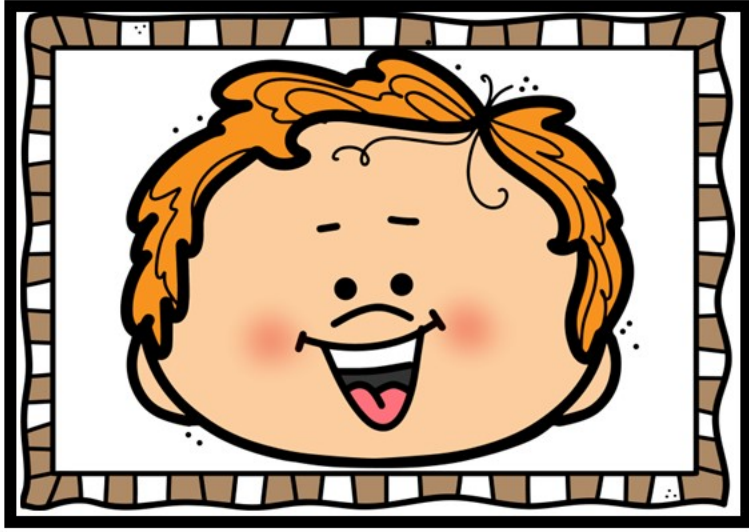
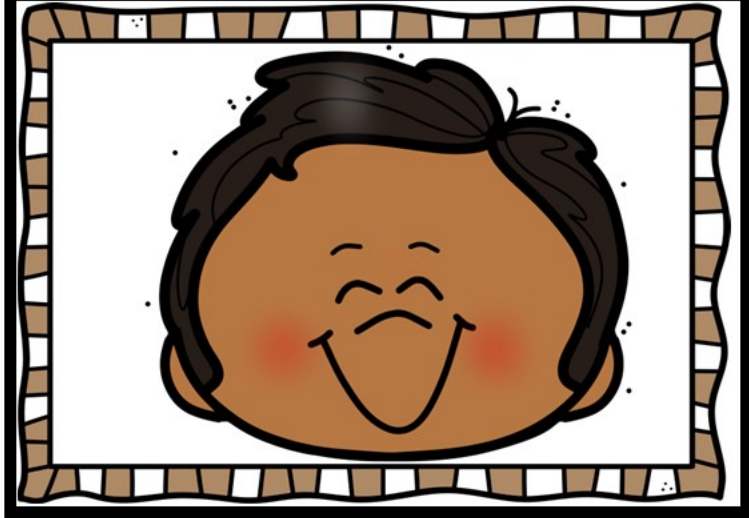
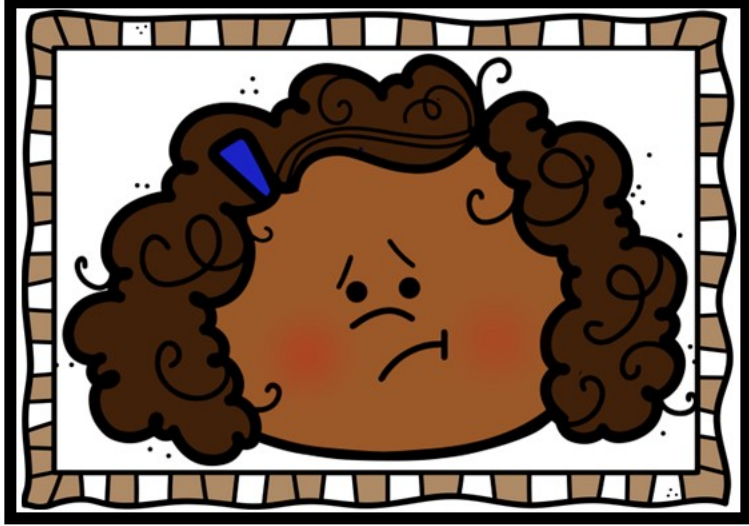
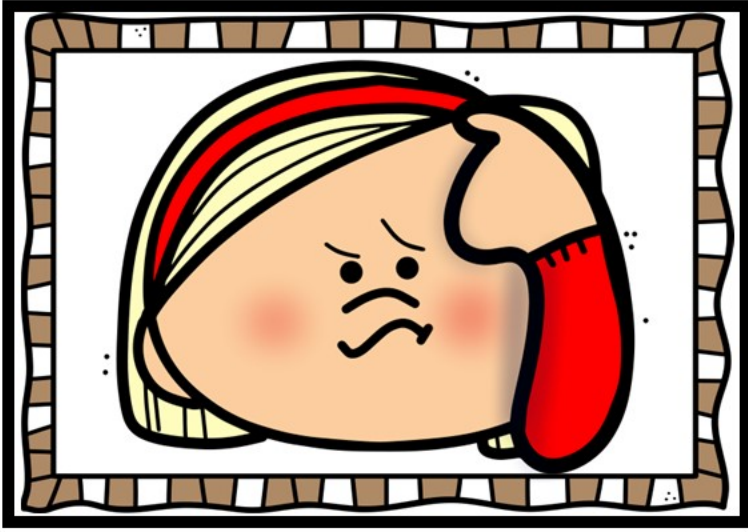
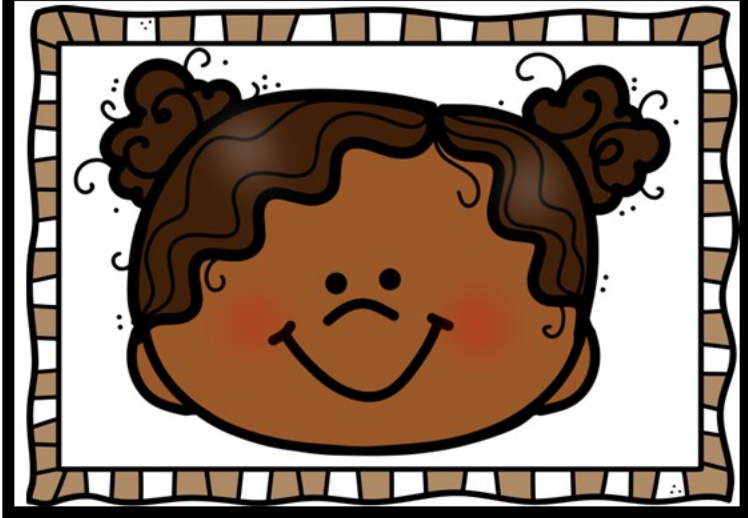
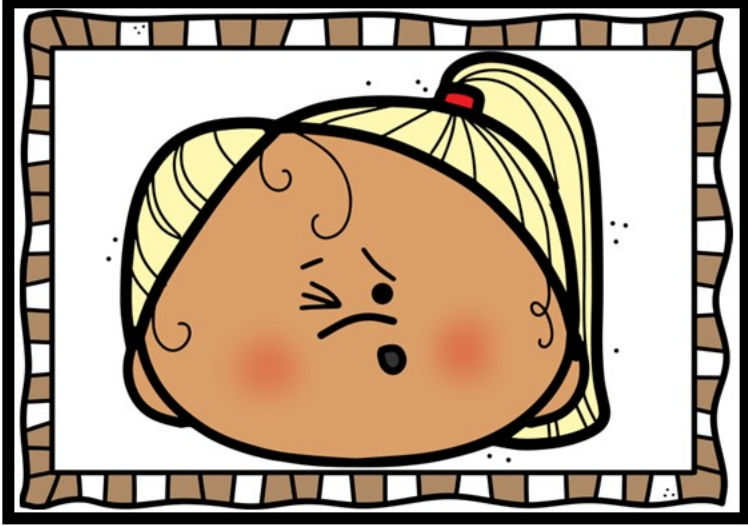


Let's Make An
I-MESSAGES
PIZZA!

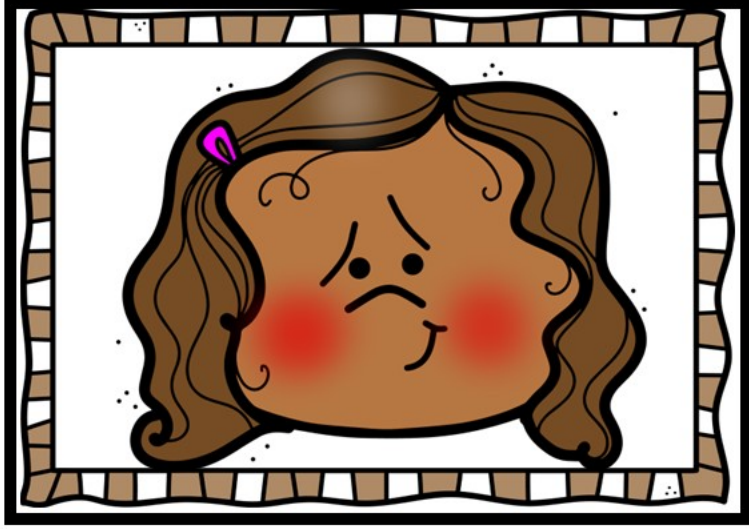
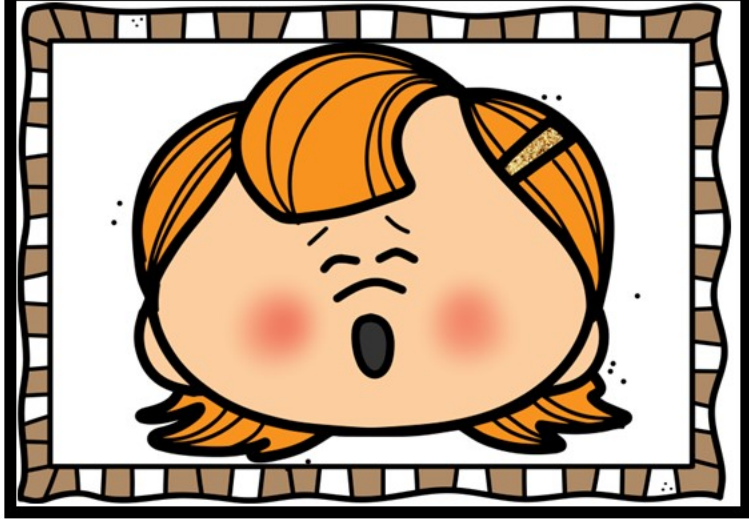
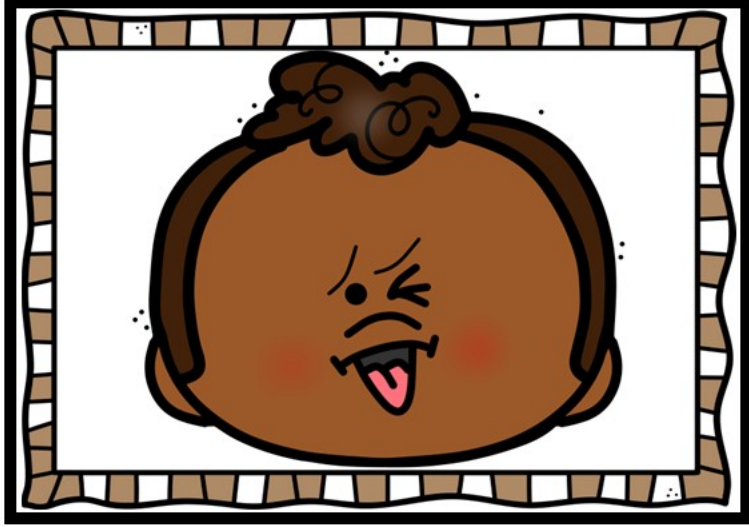
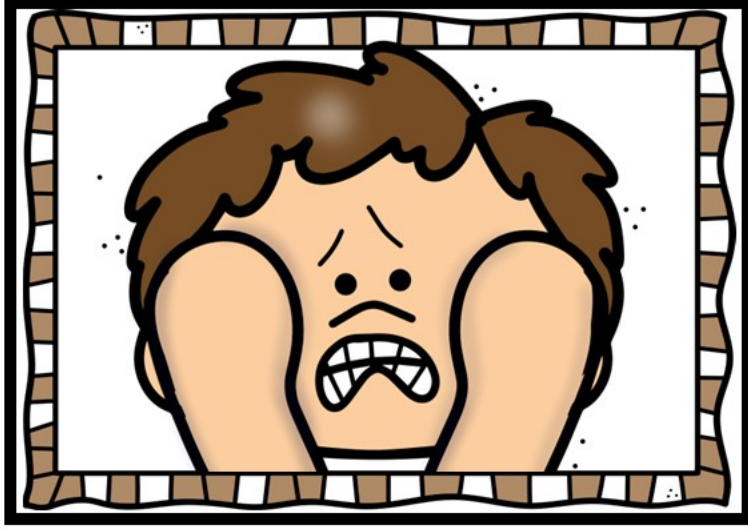
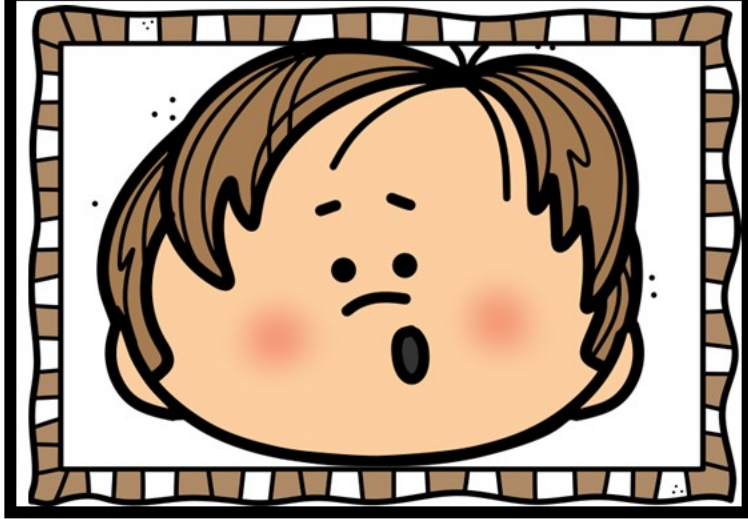
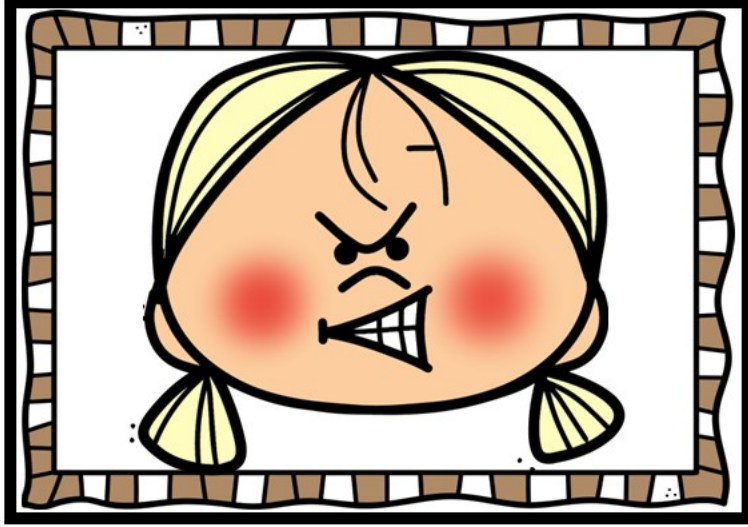
CRUST



I FELT CARDS



I FELT CARDS

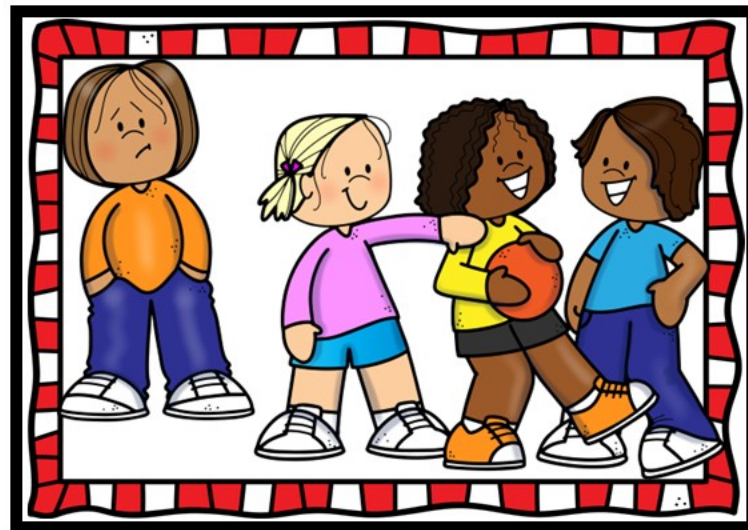
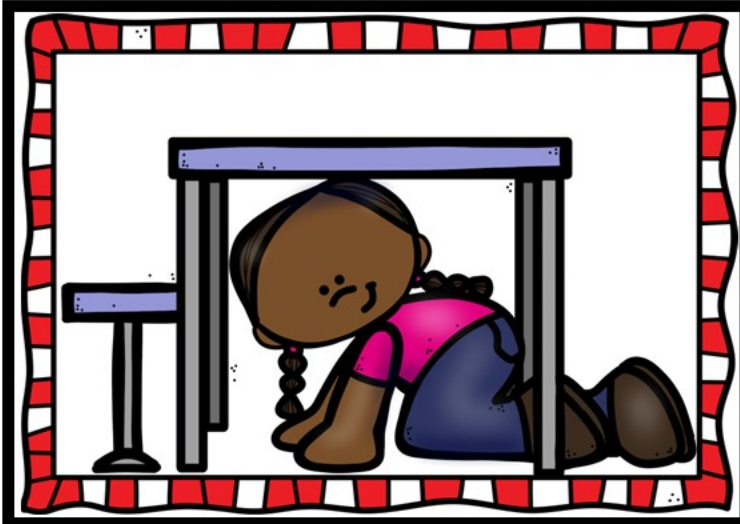
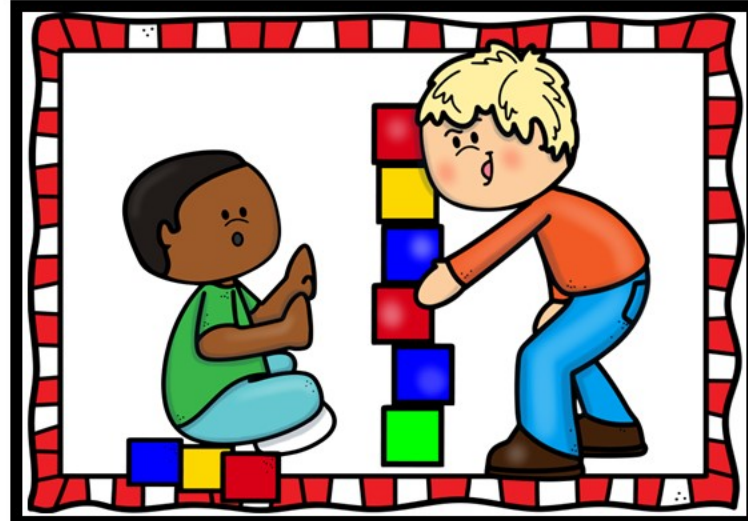


SAUCE

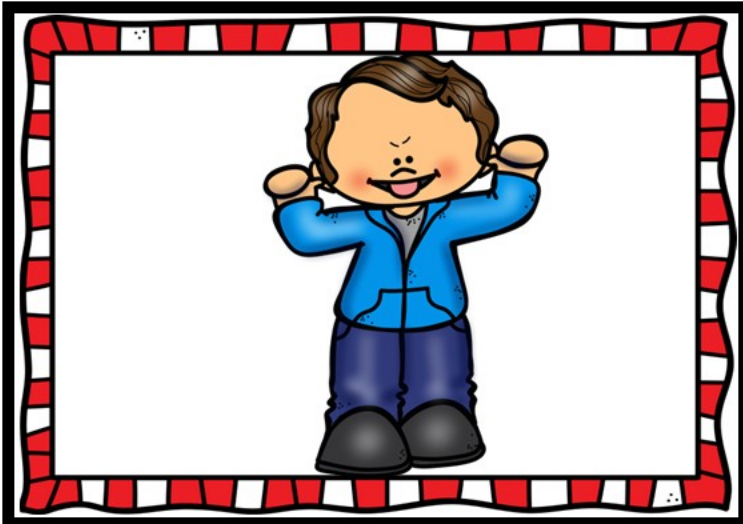
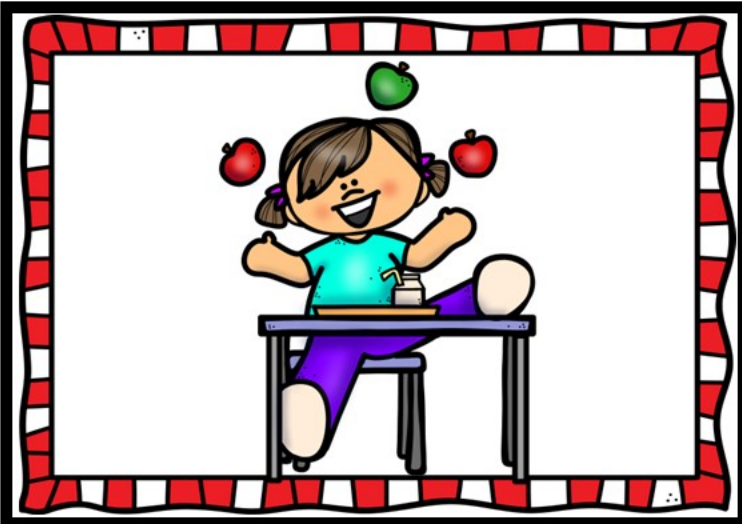
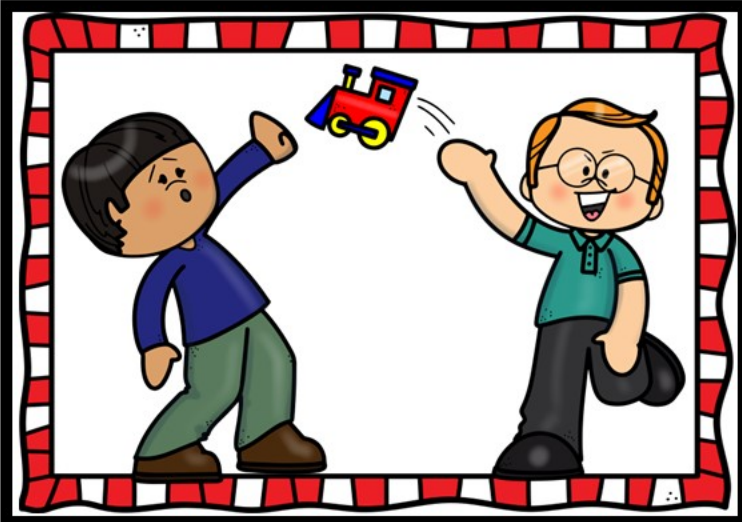
WHEN



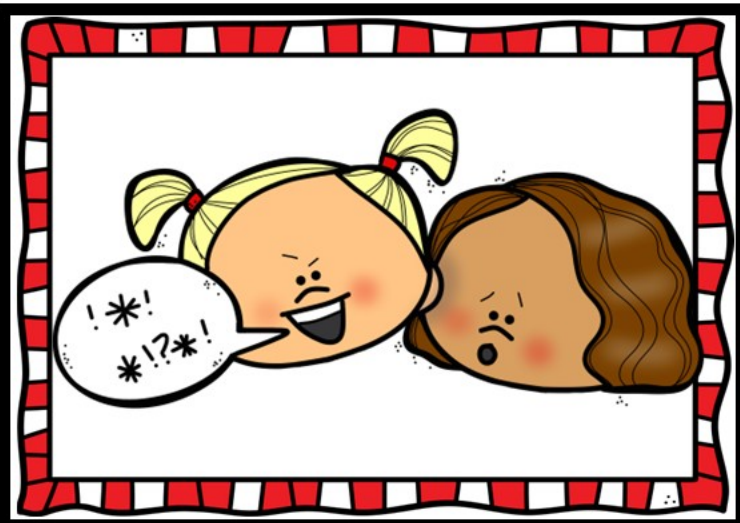
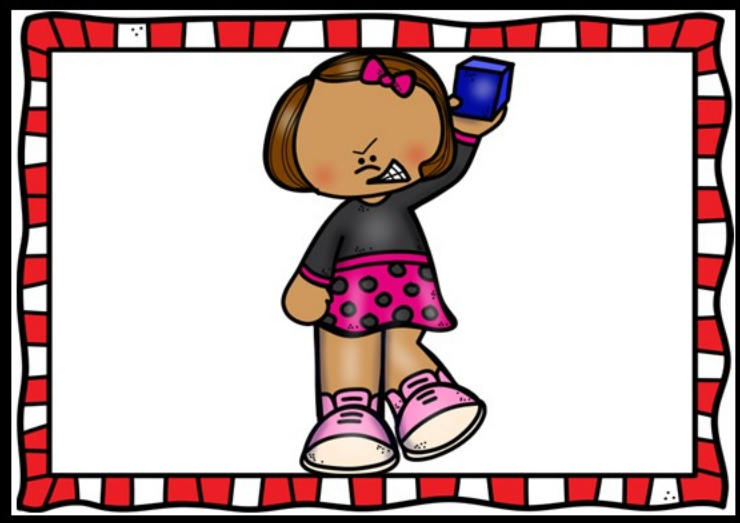
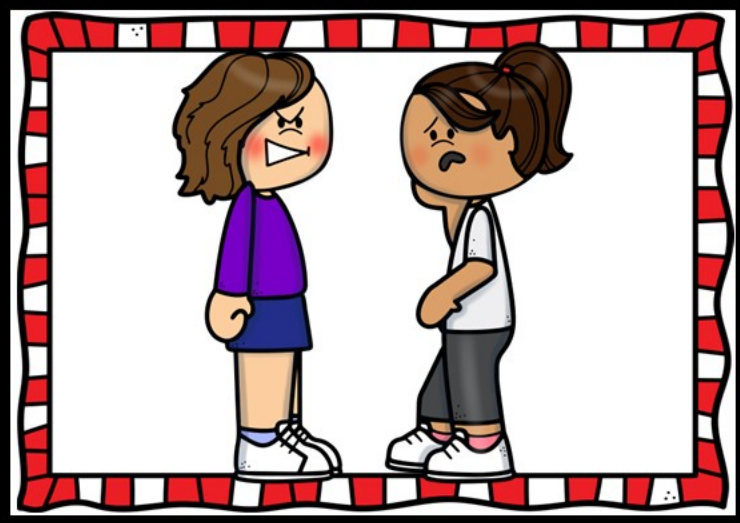
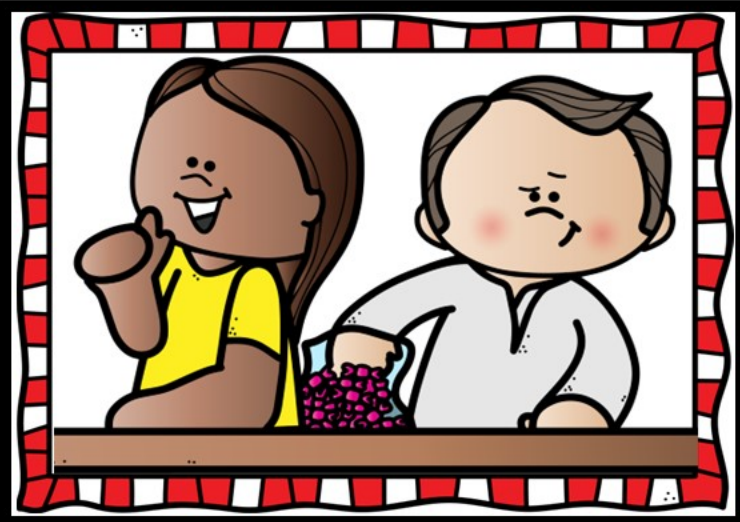
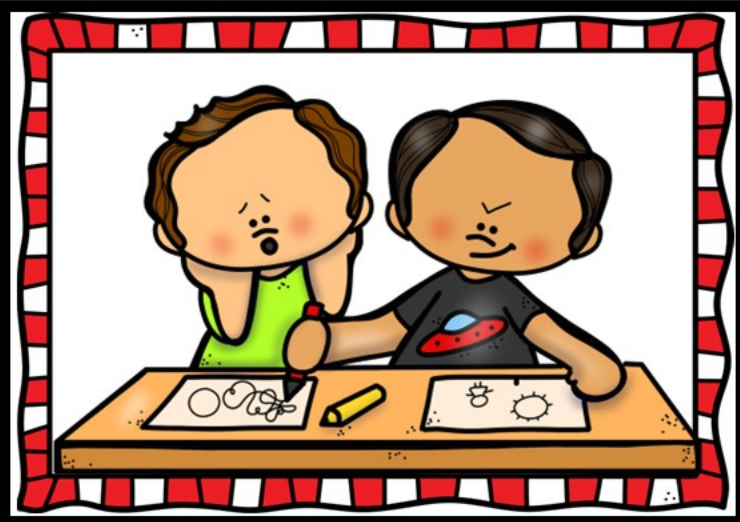
WHEN CARDS



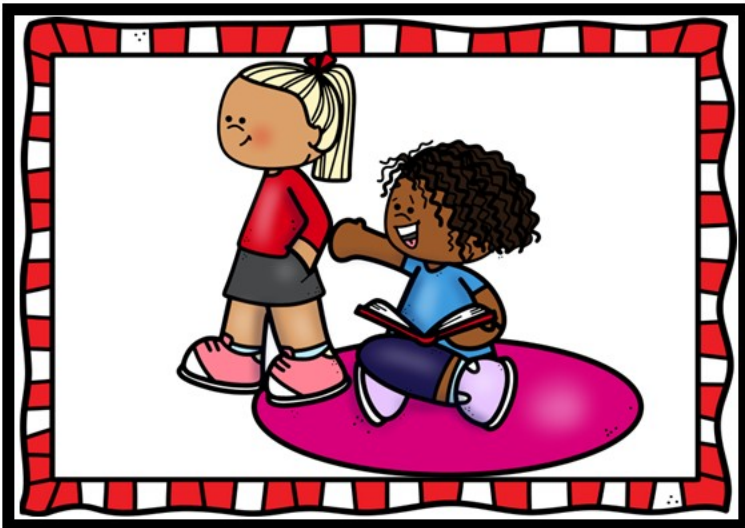
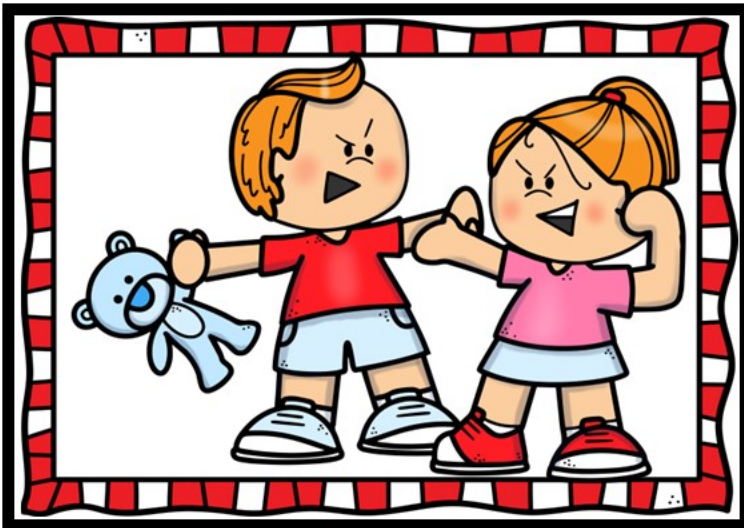
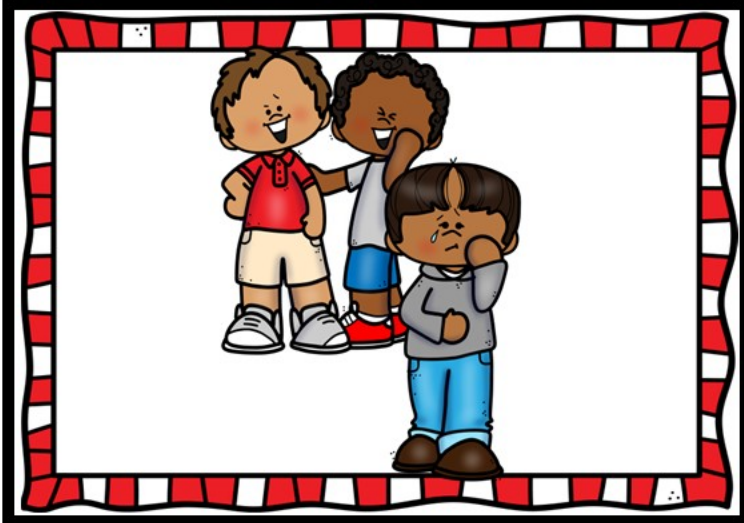
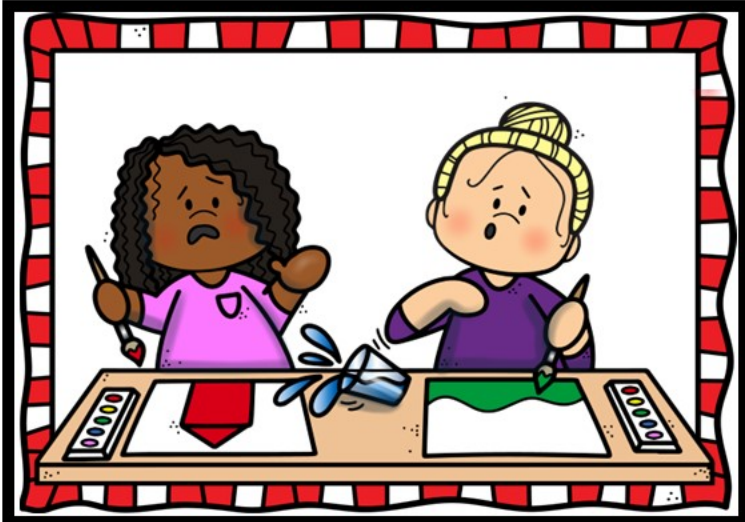
WHEN CARDS



WHEN CARDS



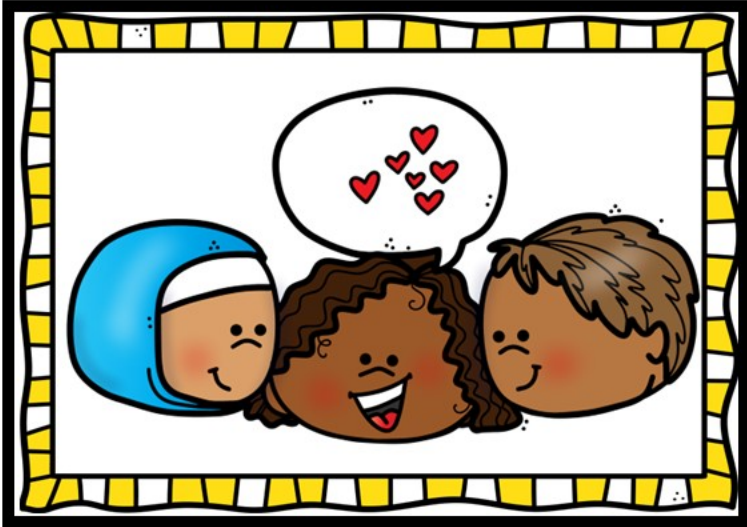
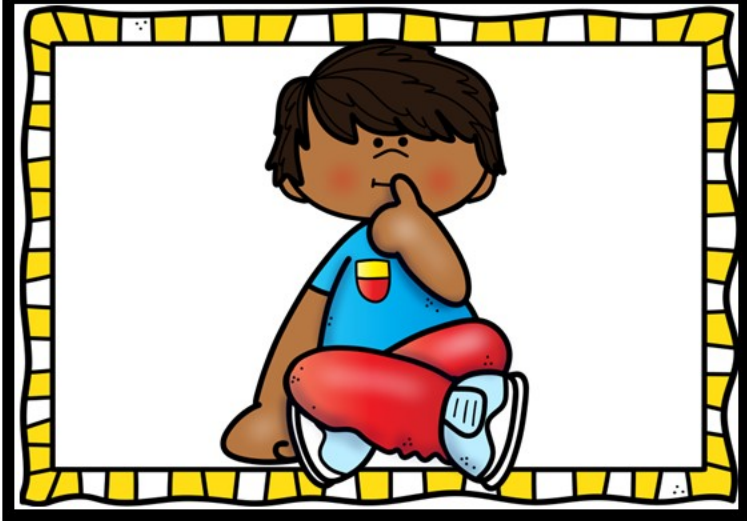
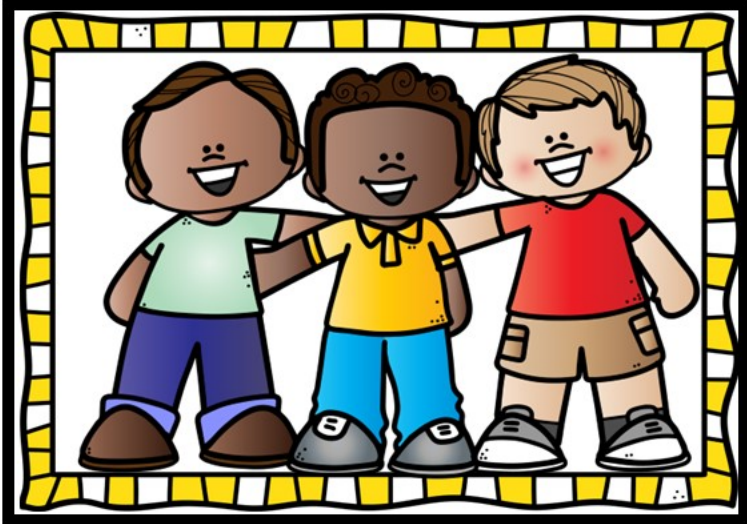
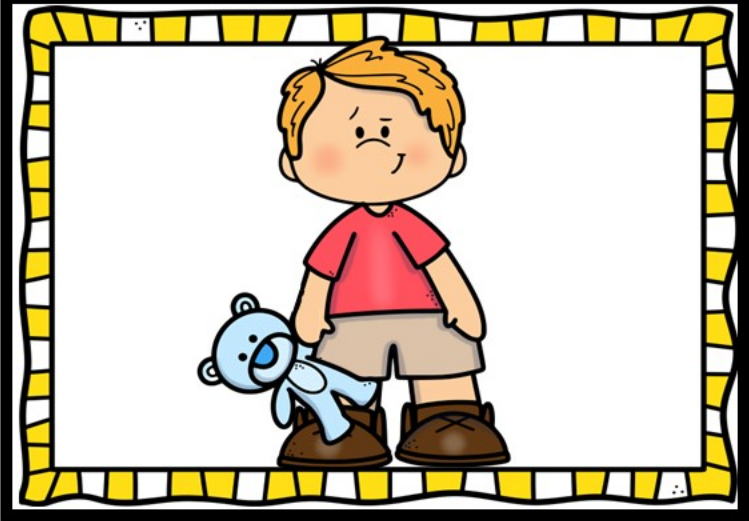
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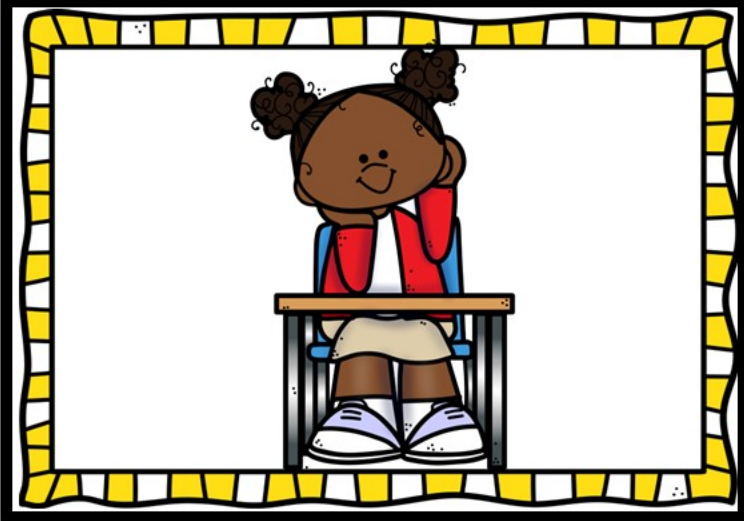
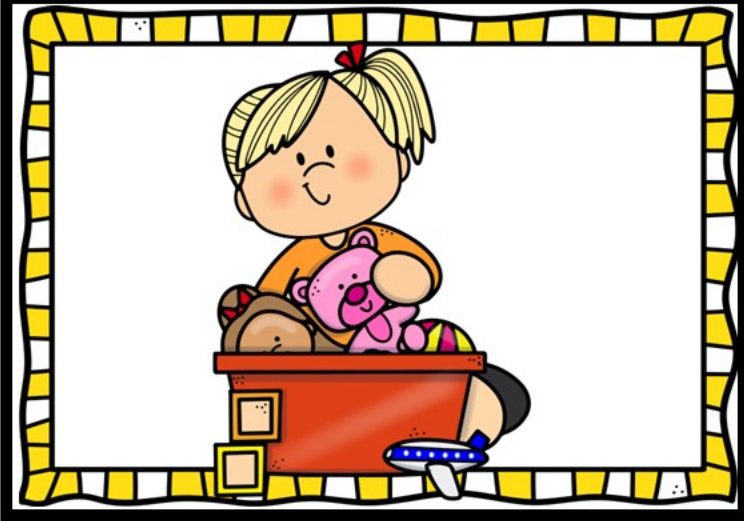
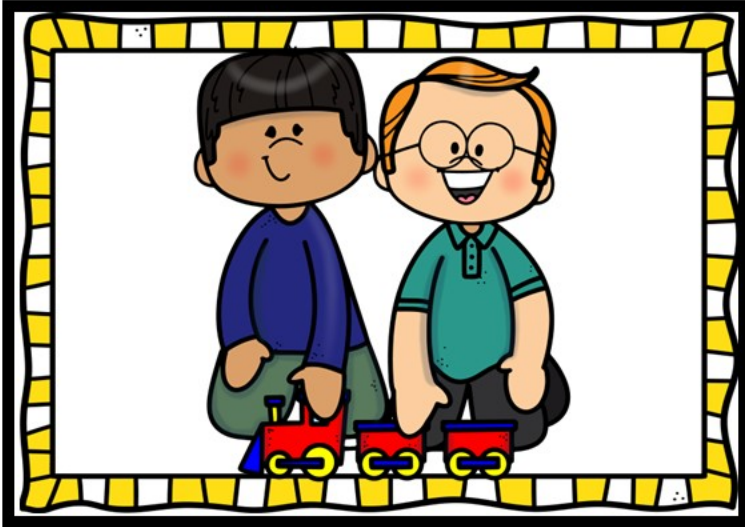
CHEESE



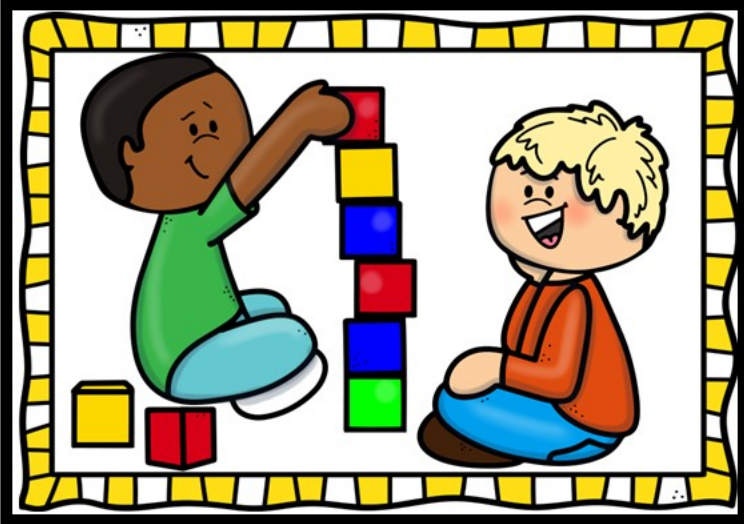
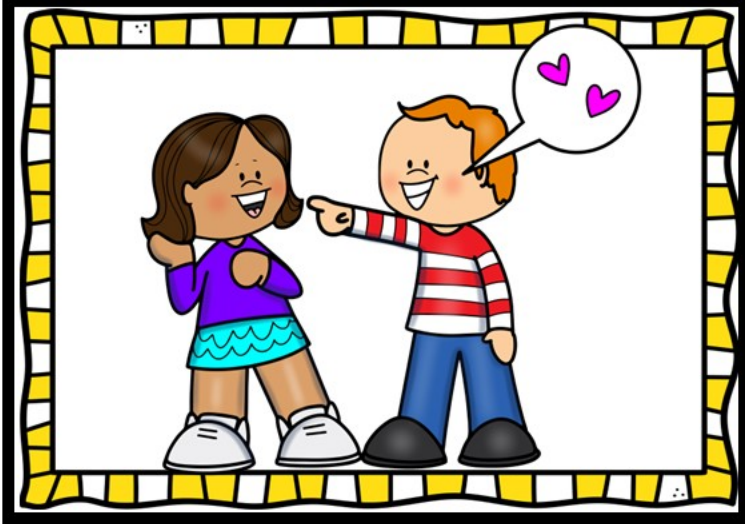
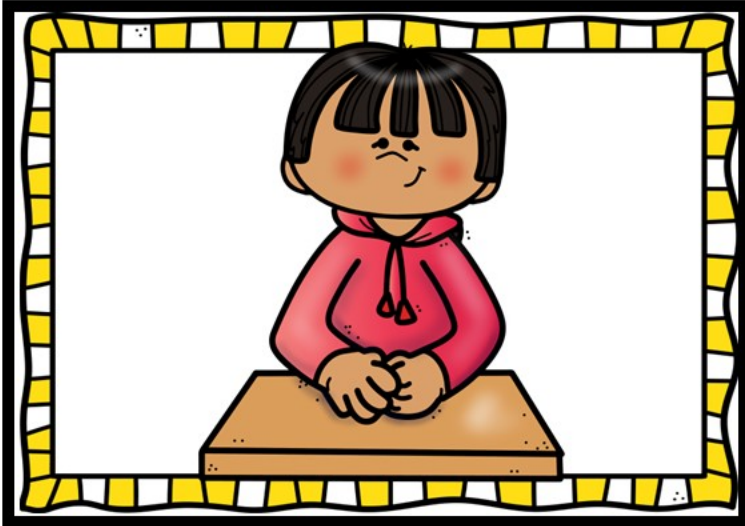
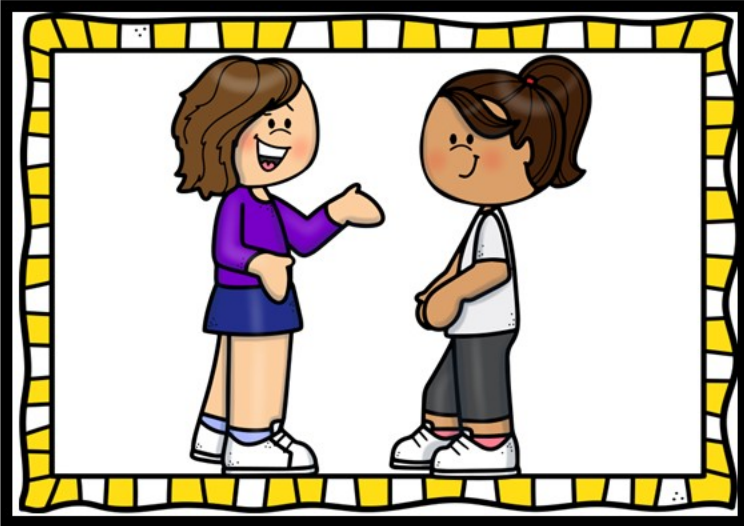
CAN YOU PLEASE CARDS



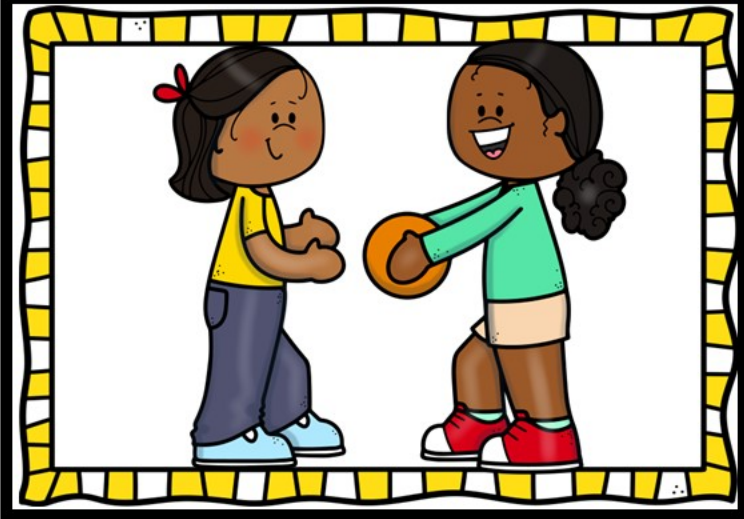
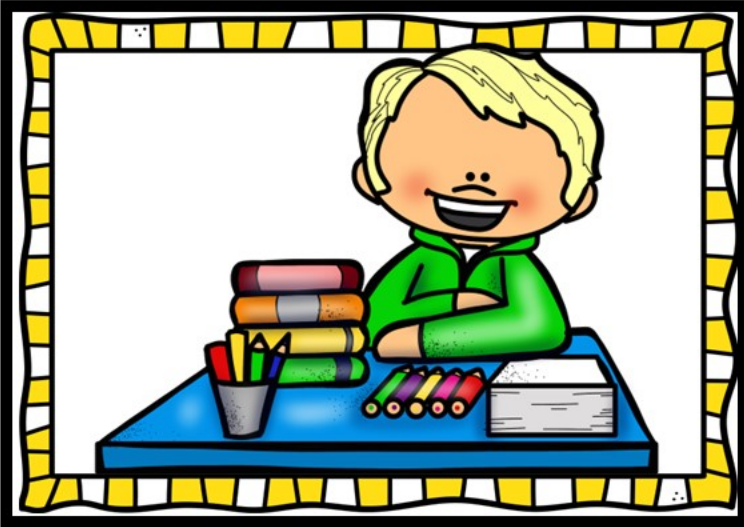
CAN YOU PLEASE CARDS



CAN YOU PLEASE CARDS



CAN YOU PLEASE CARDS



**BLACK &
WHITE**

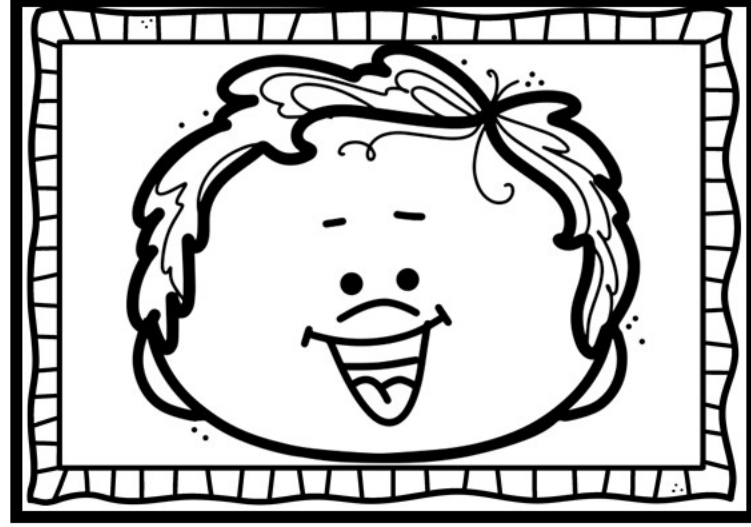
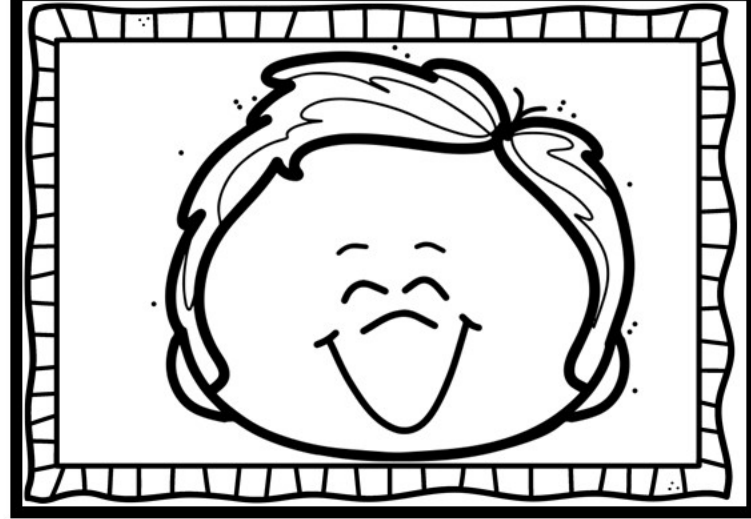
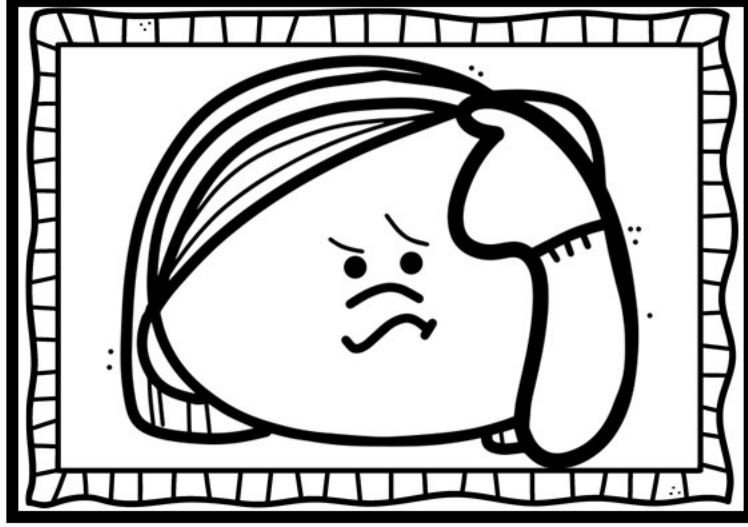
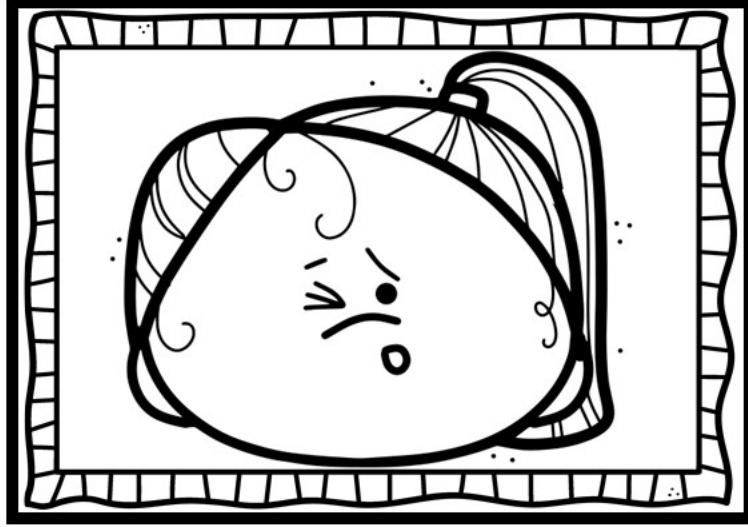


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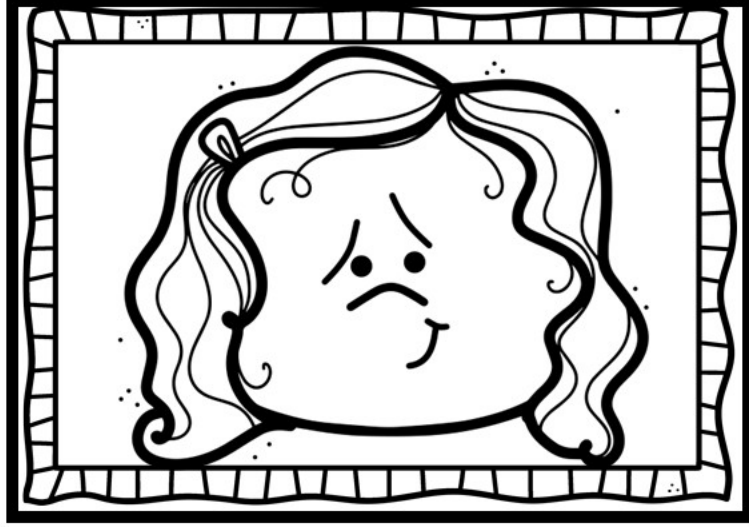
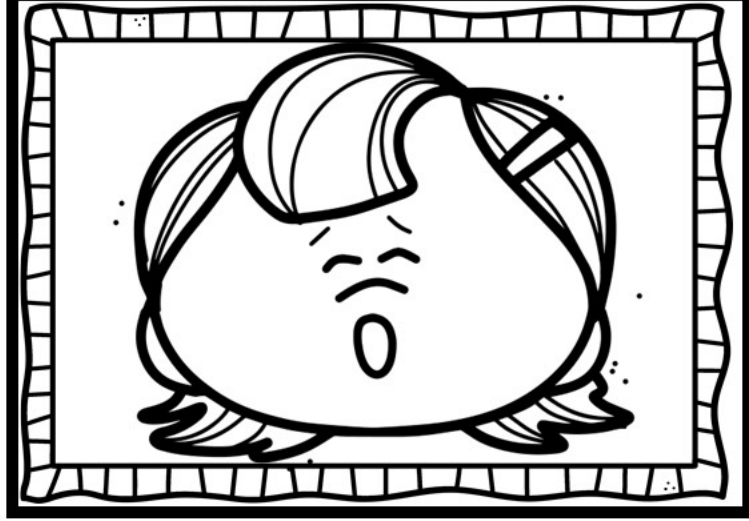
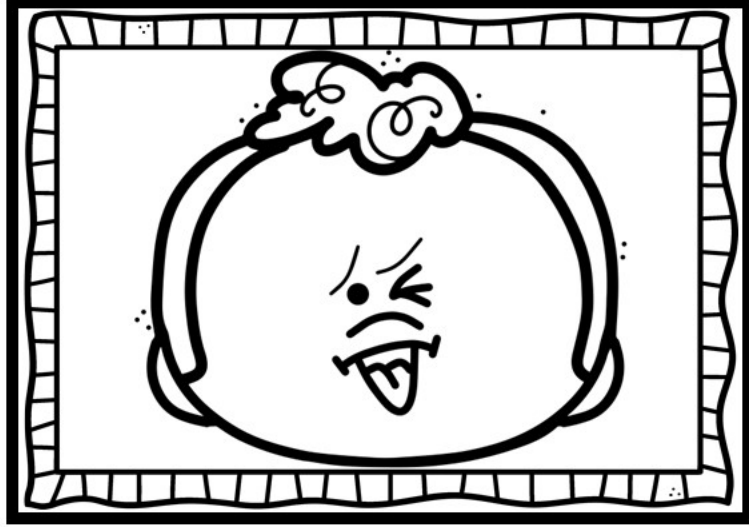
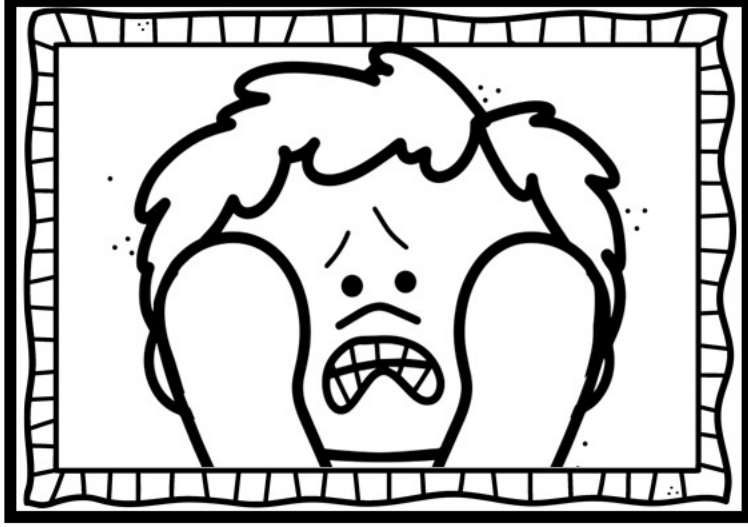
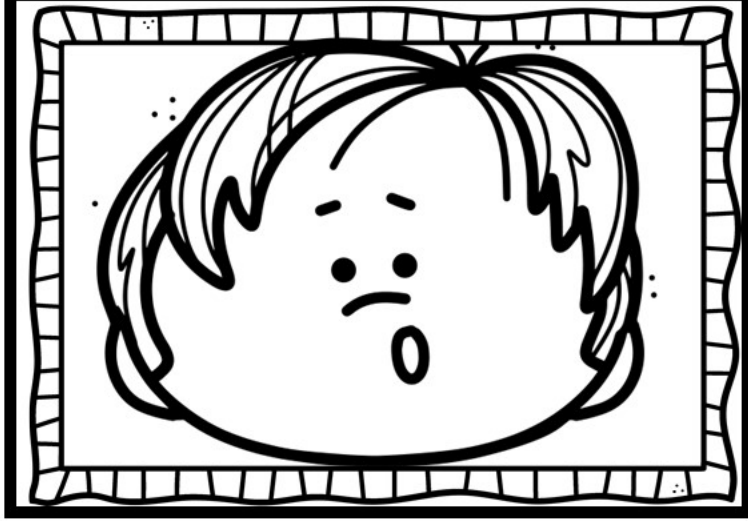
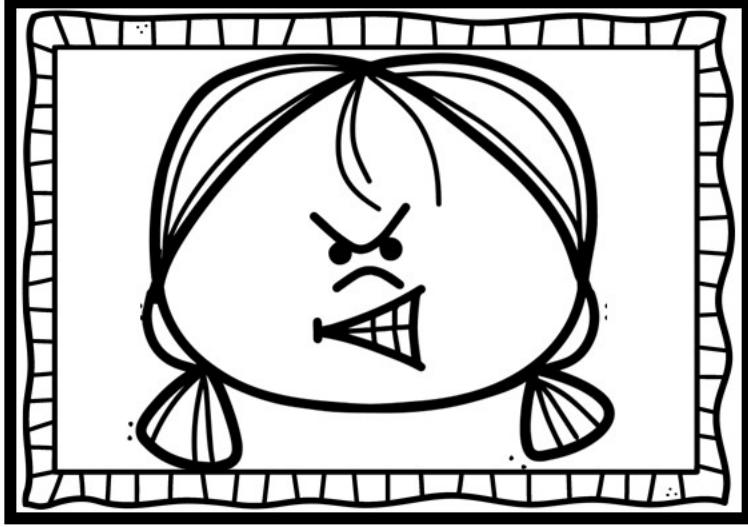
CRUST



I FELT CARDS



I FELT CARDS

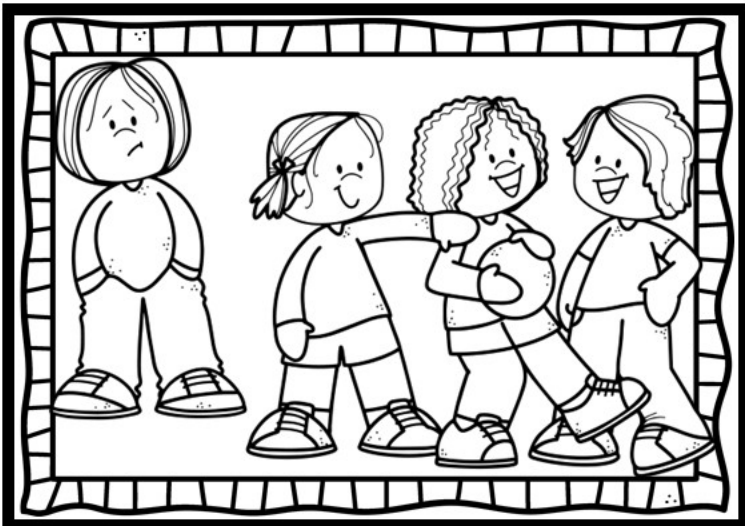
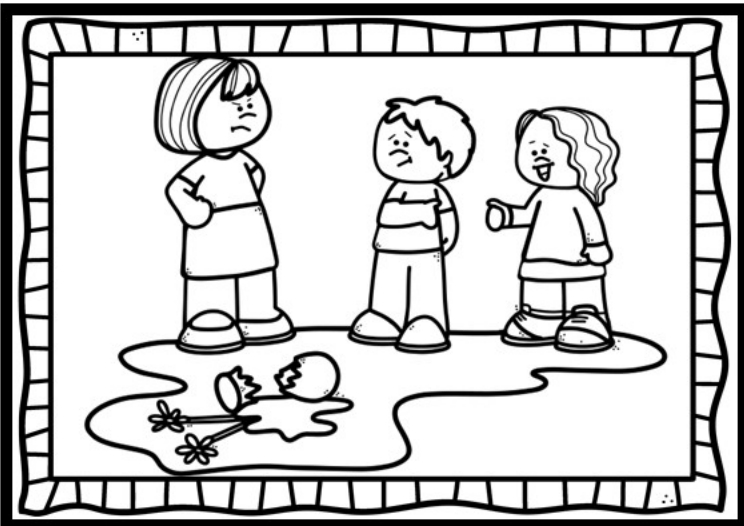
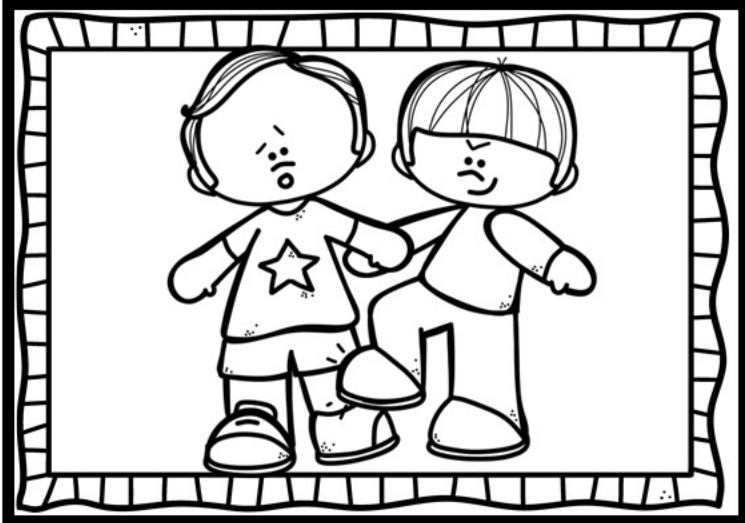
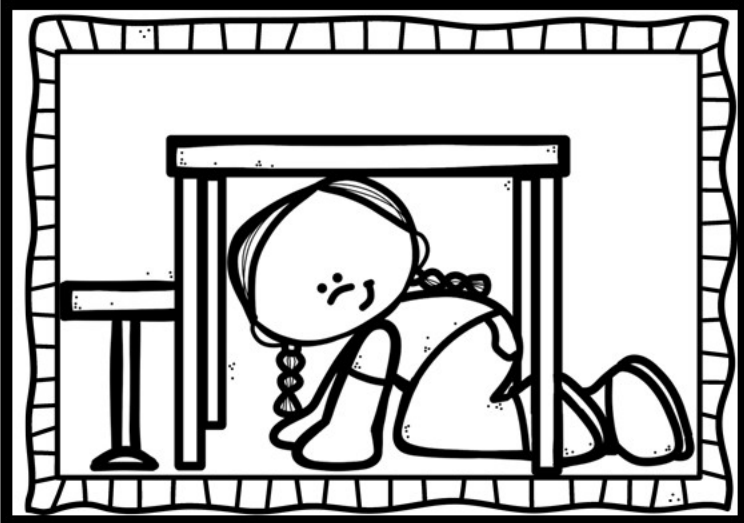
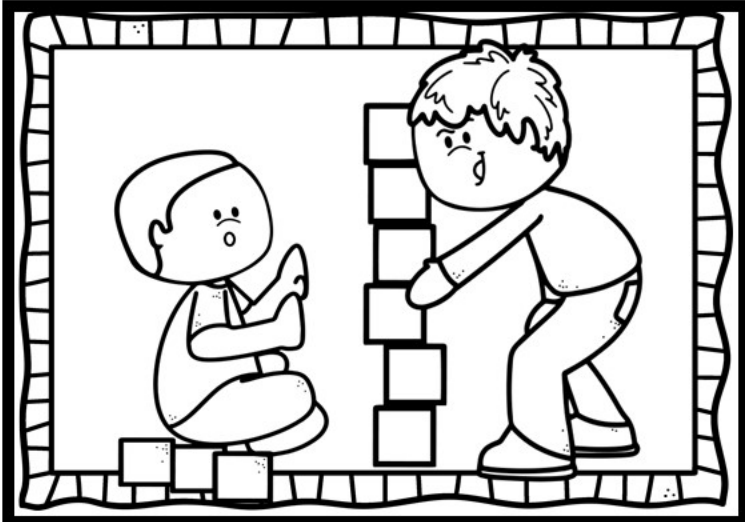
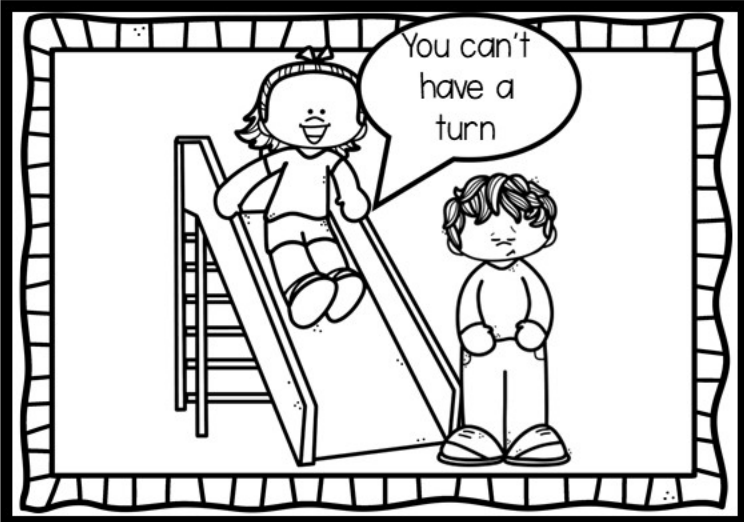


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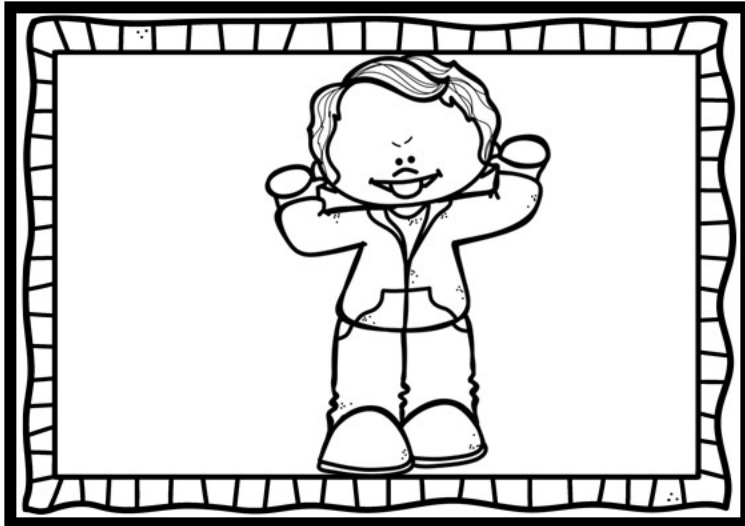
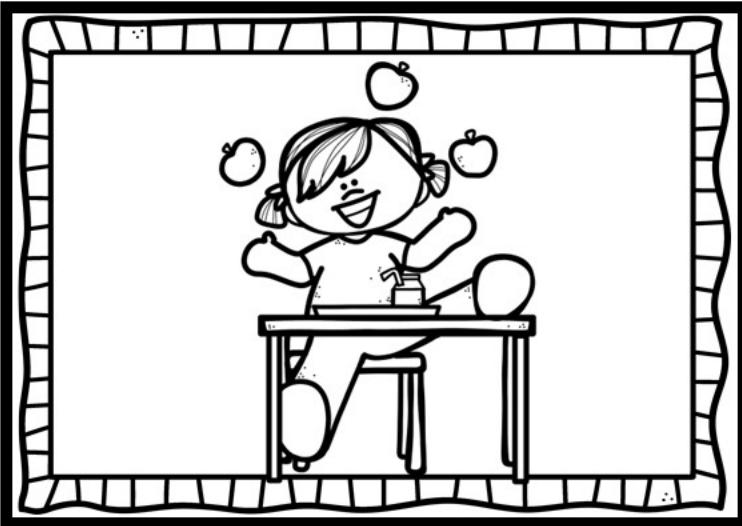
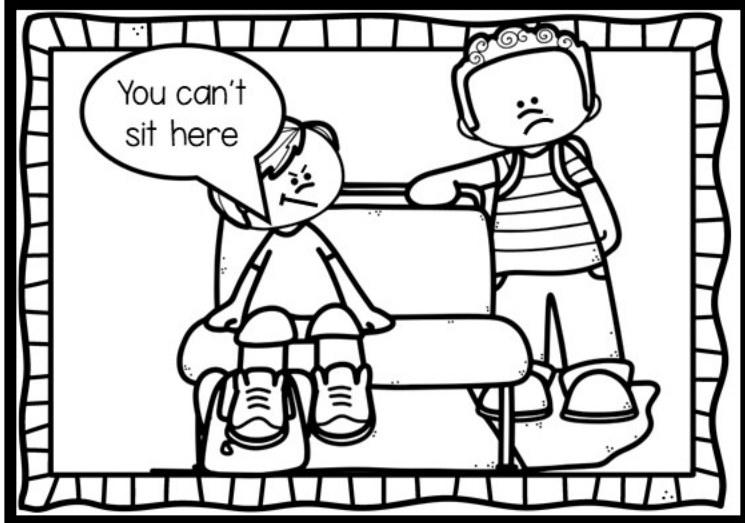
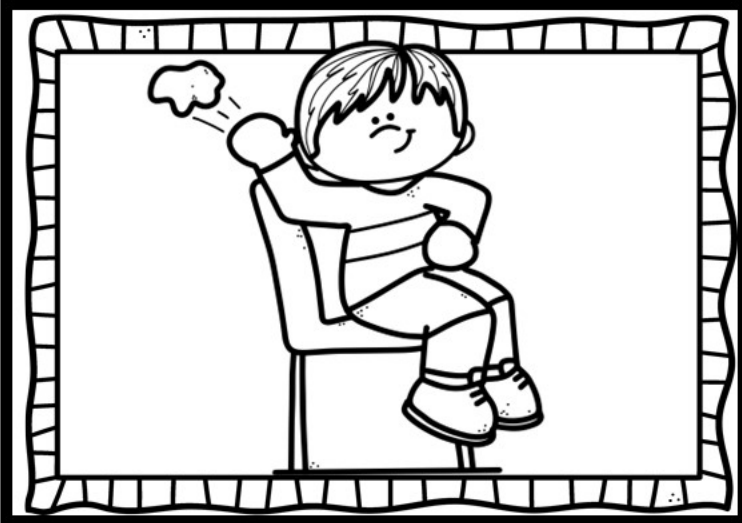
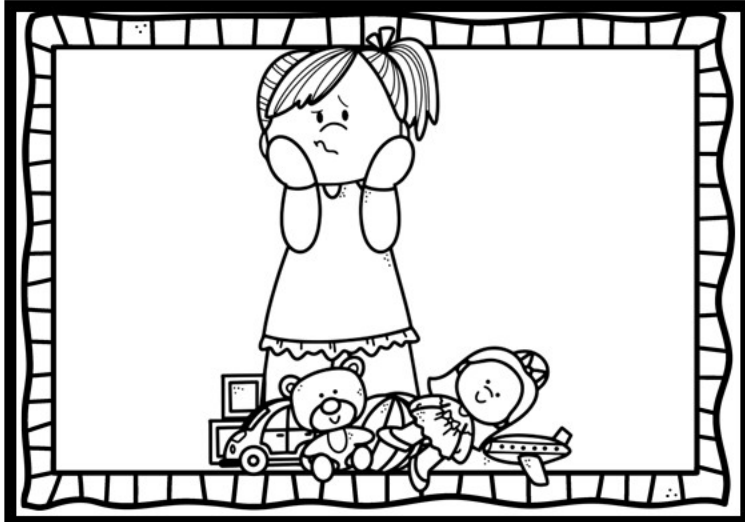
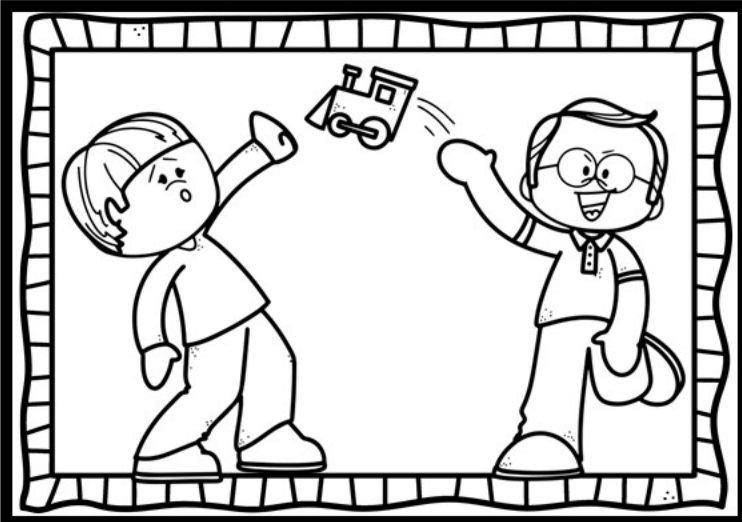
WHEN



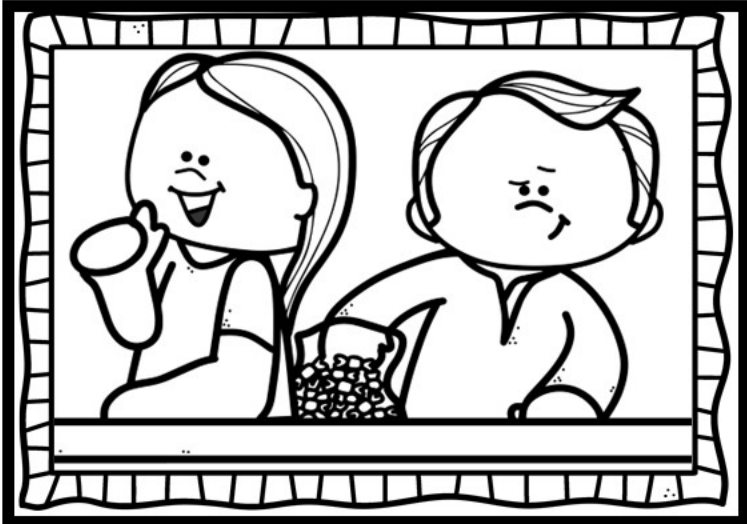
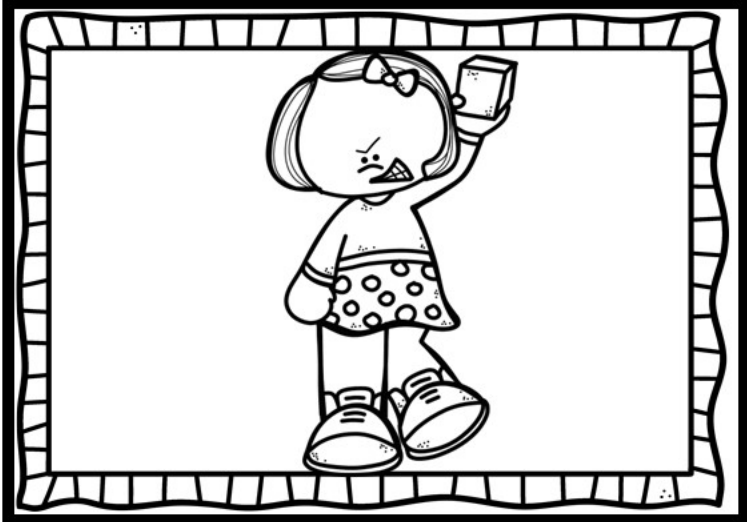
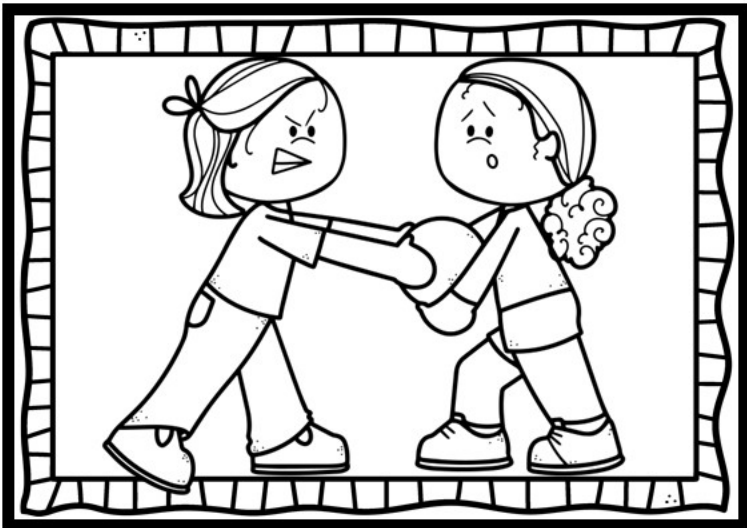
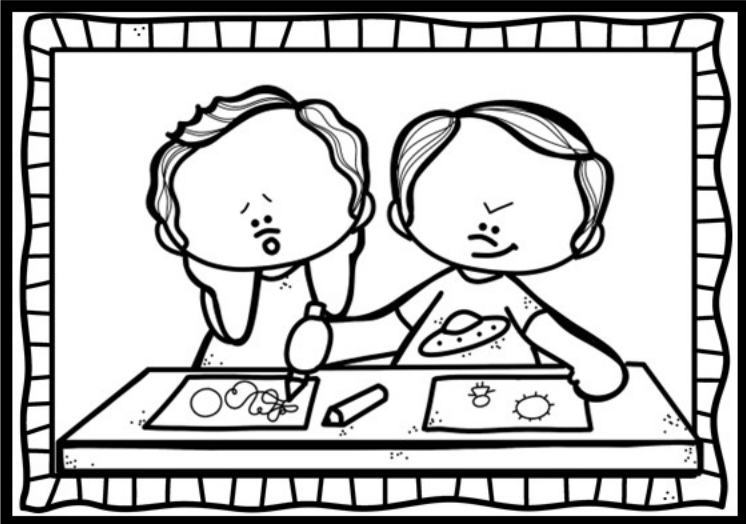
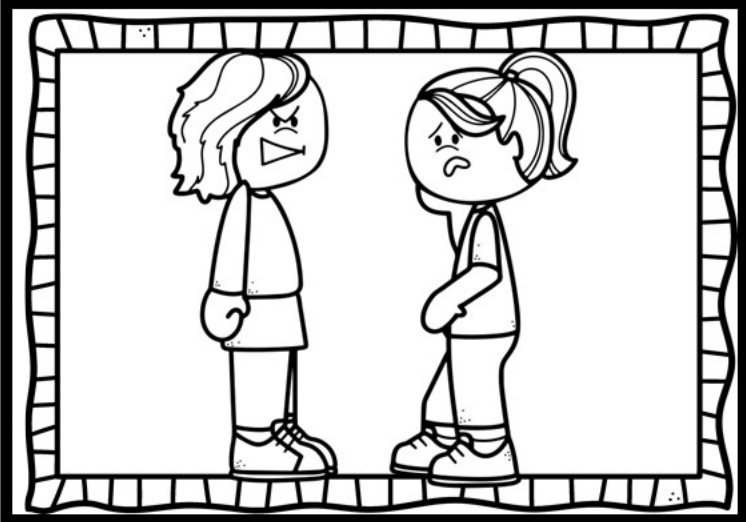
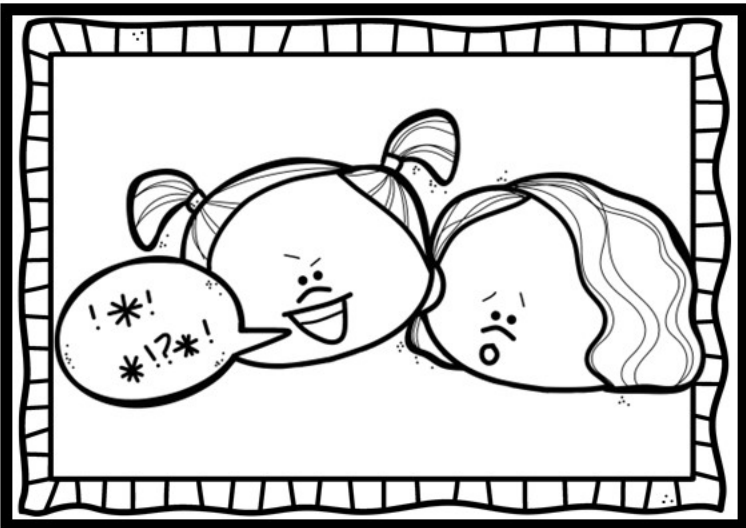
WHEN CARDS



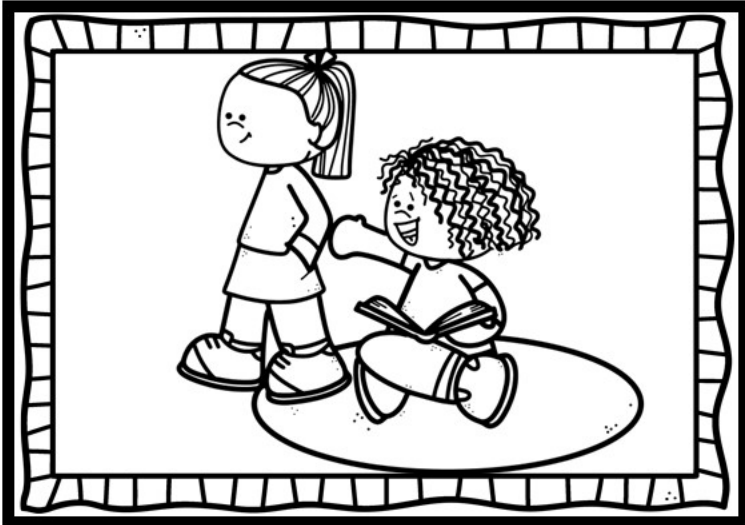
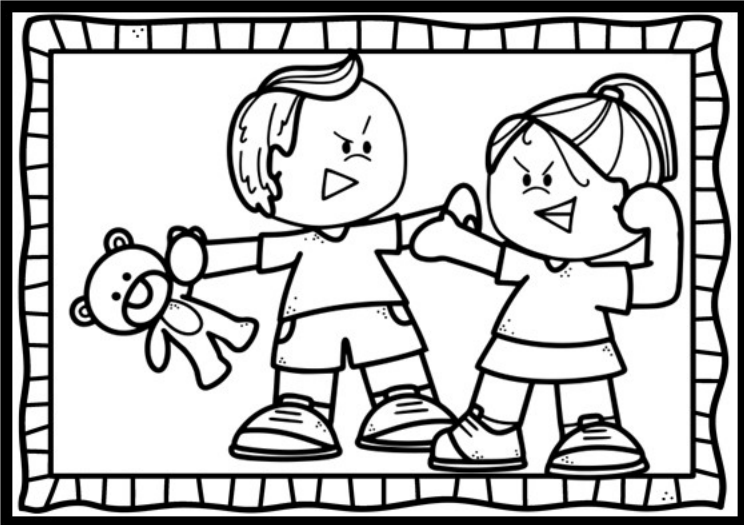
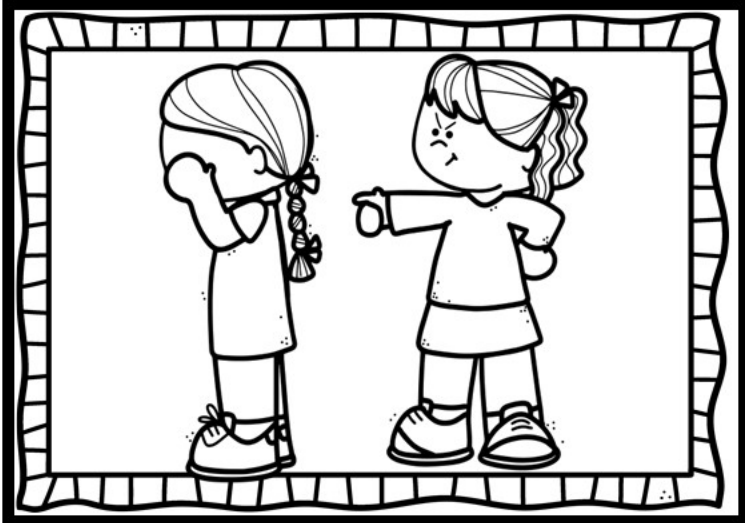
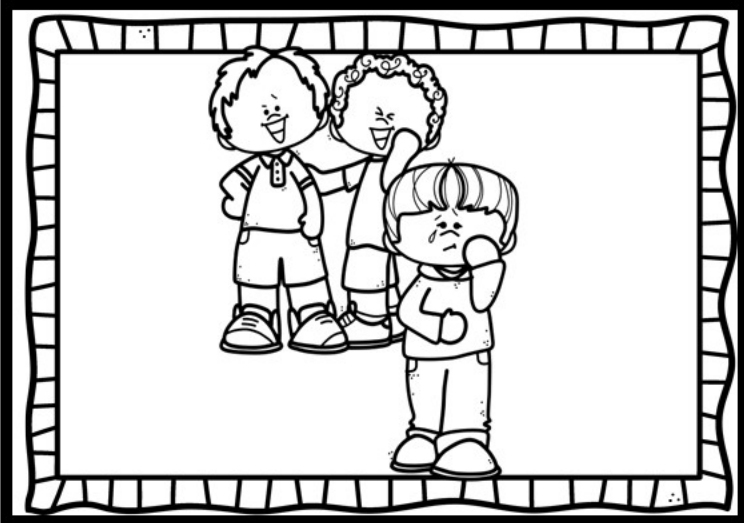
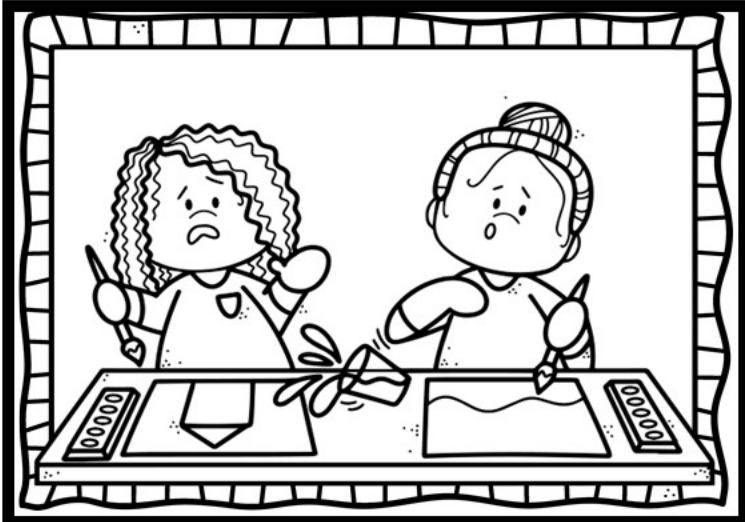
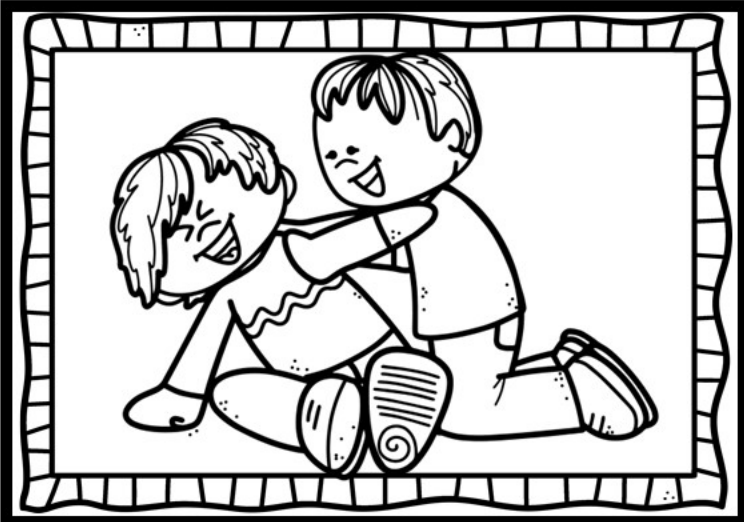
WHEN CARDS



WHEN CARDS



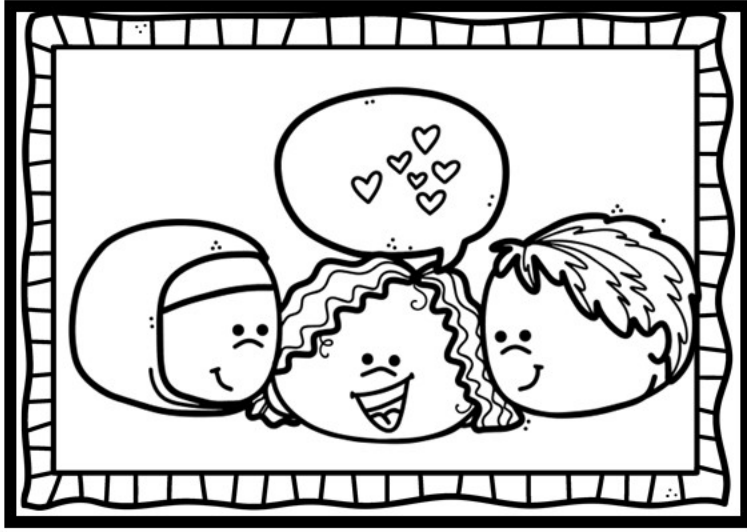
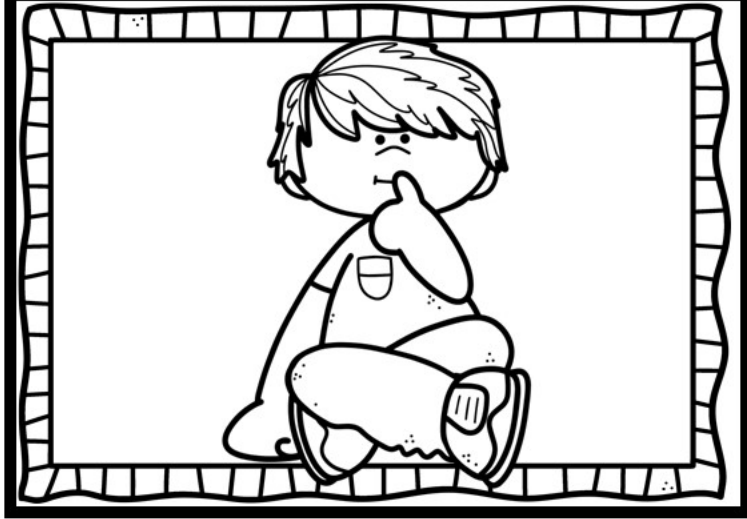
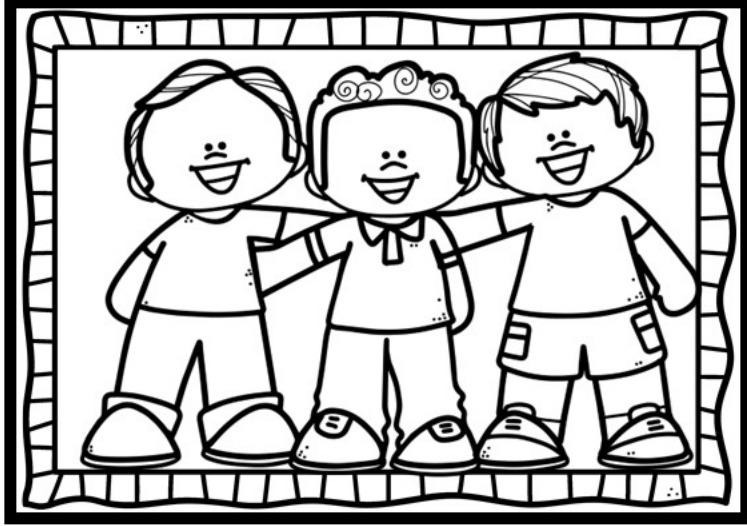
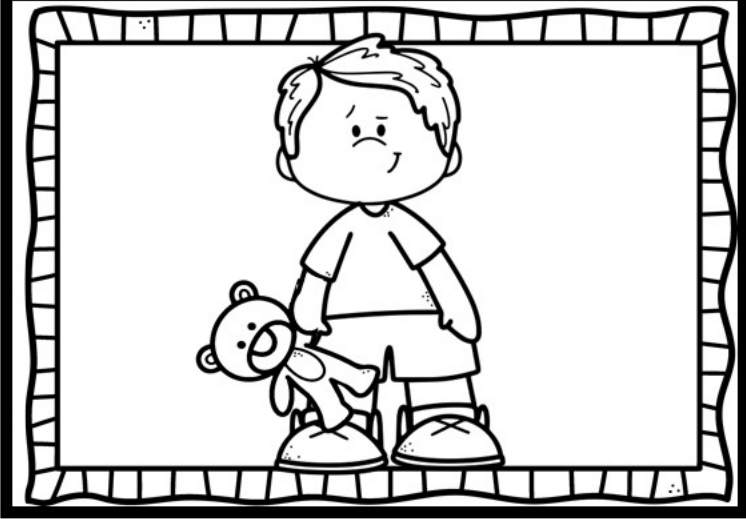
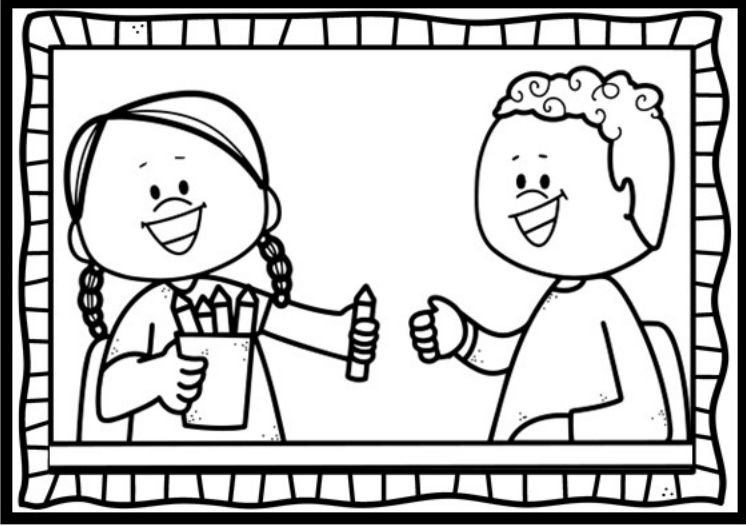
WHEN CARDS



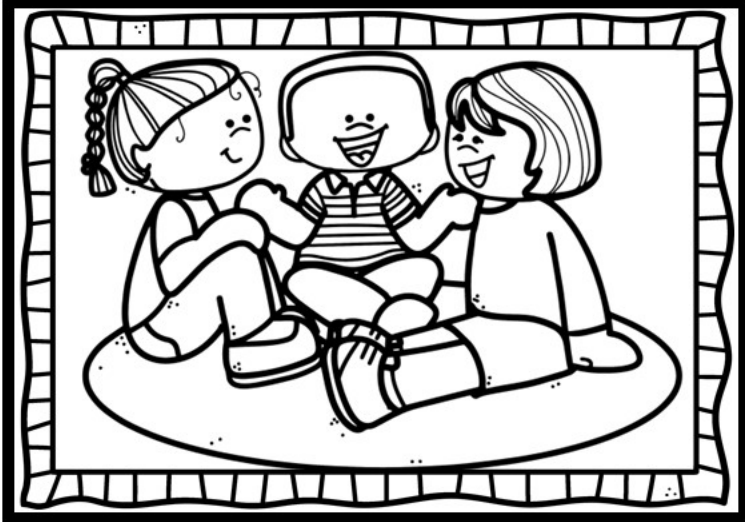
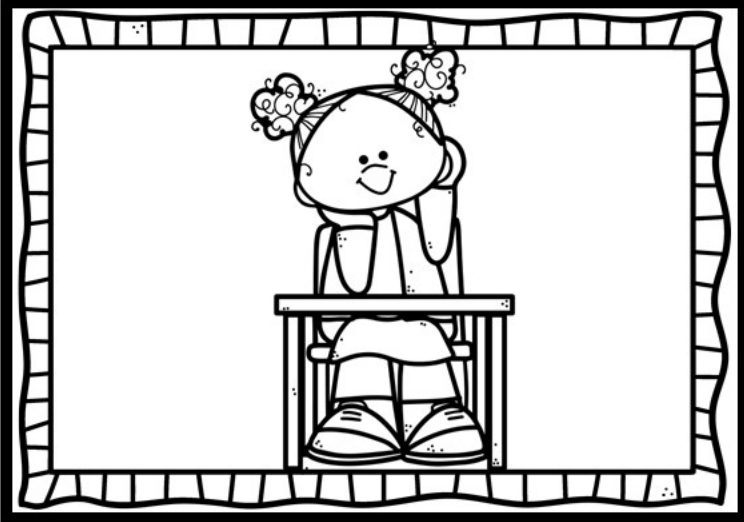
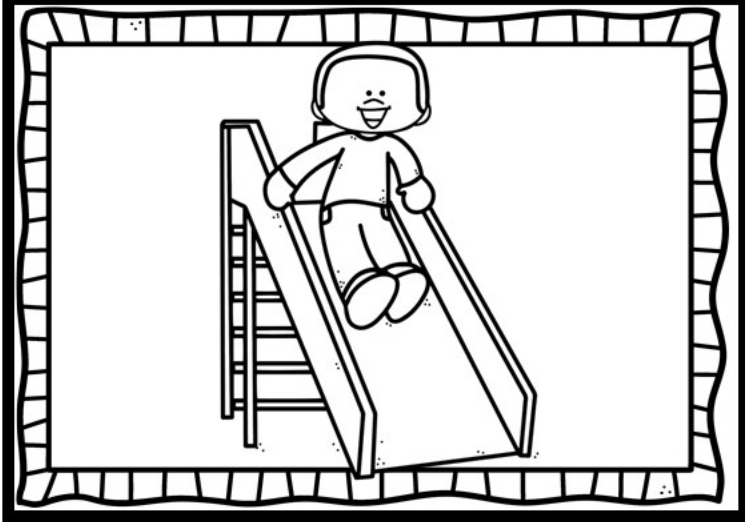
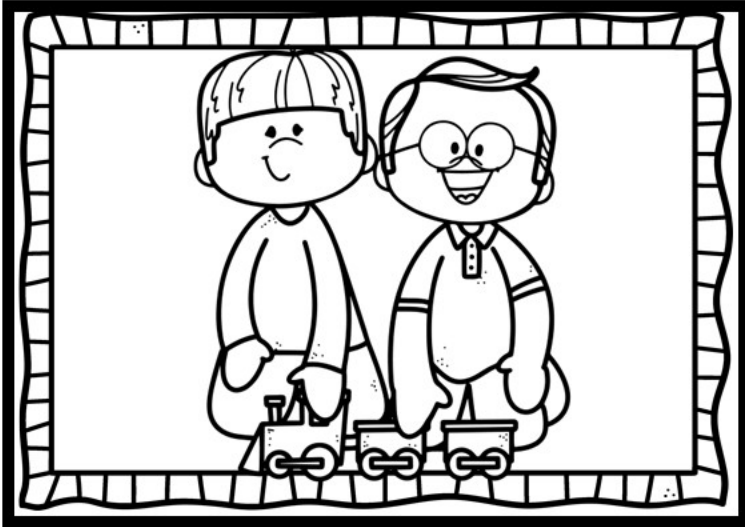
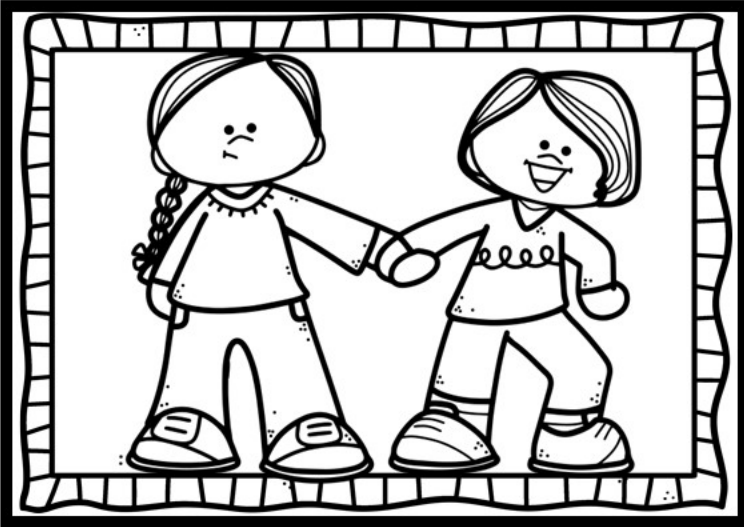
CHEESE

**CAN YOU
PLEASE?**

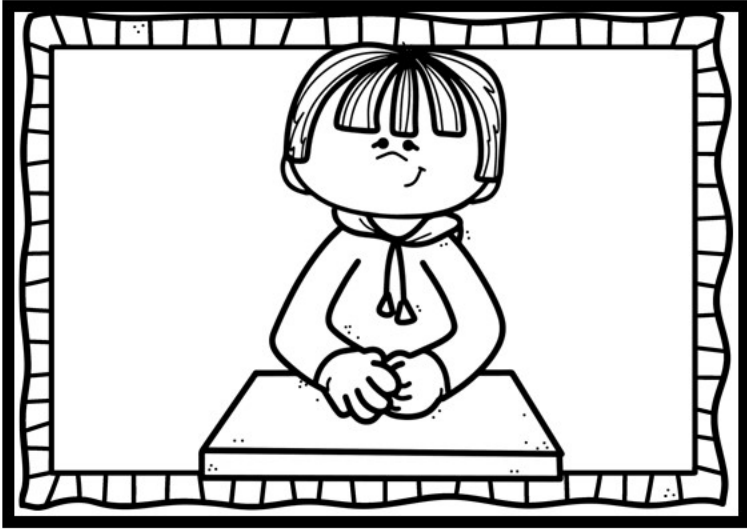
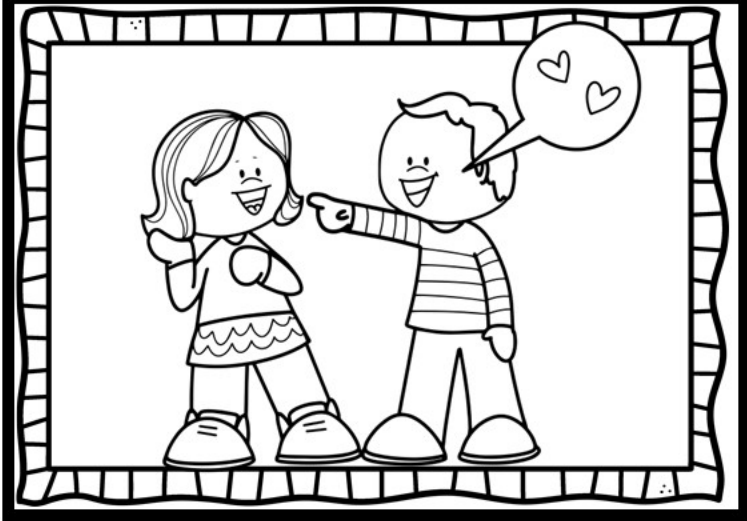
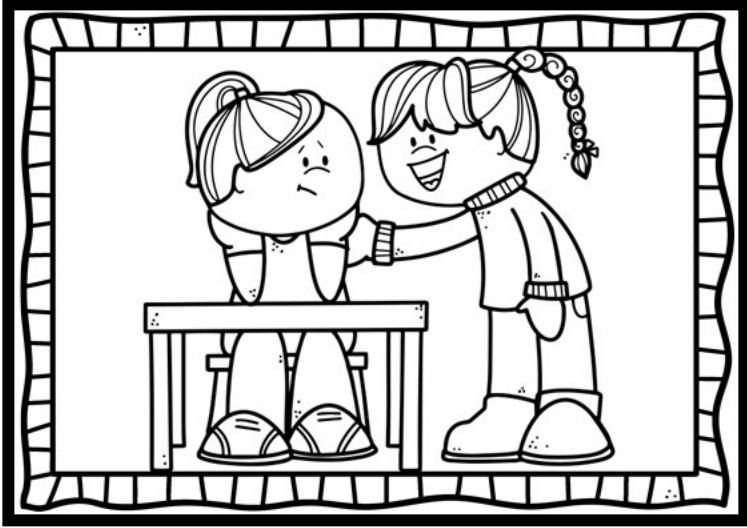
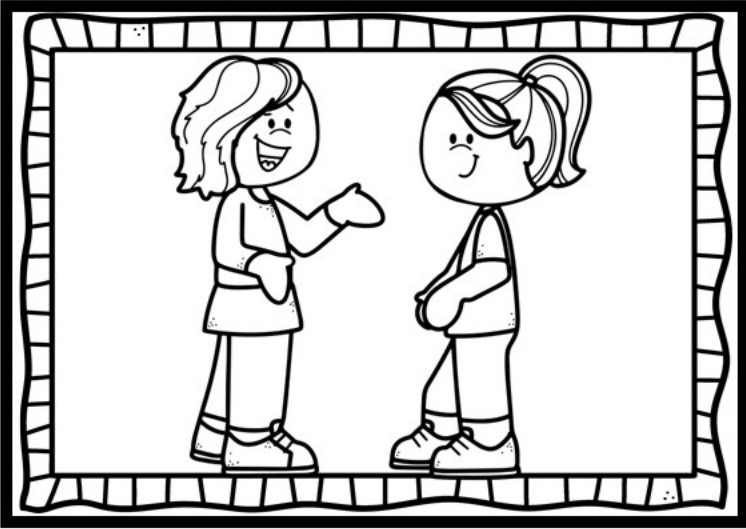
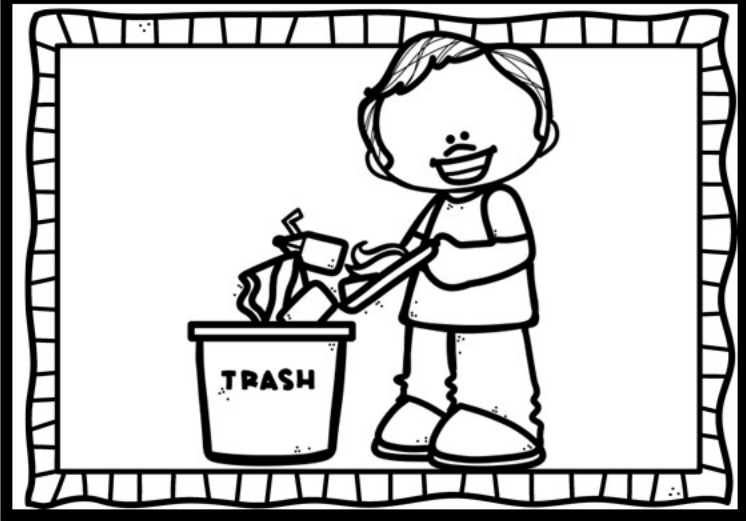
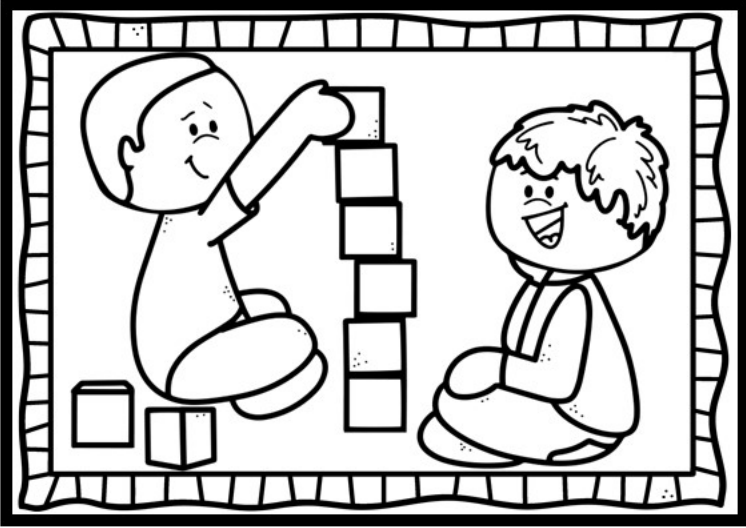
CAN YOU PLEASE CARDS



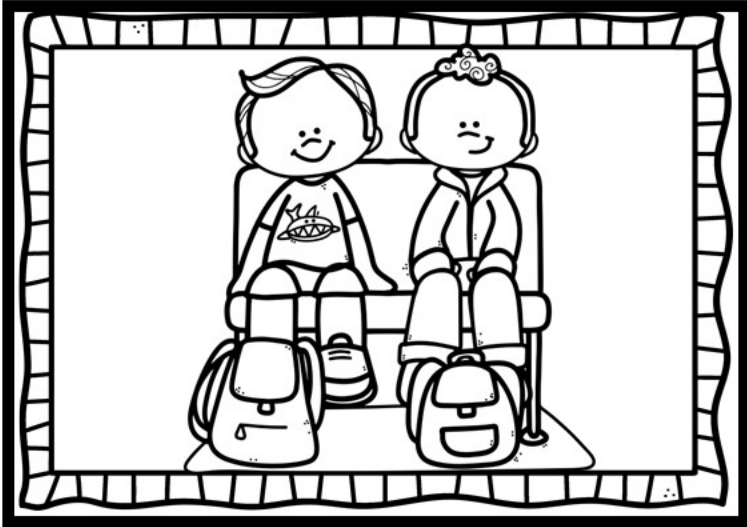
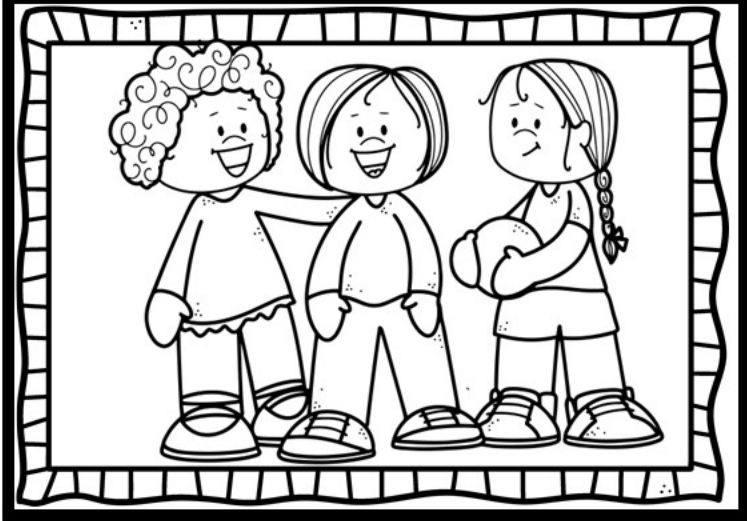
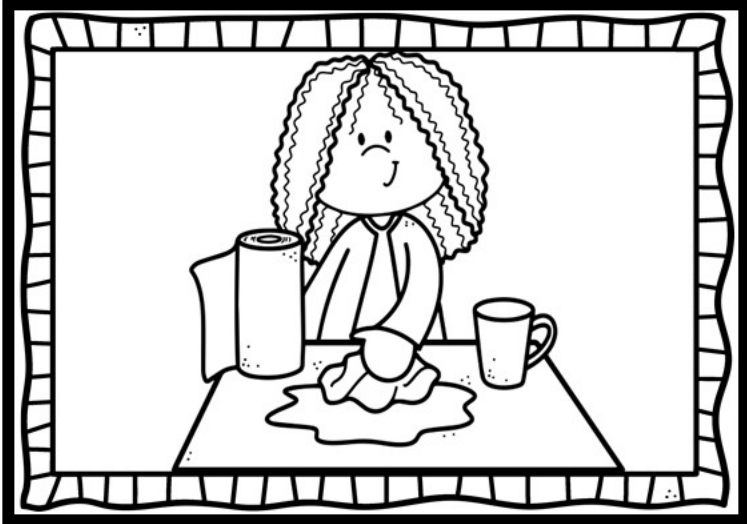
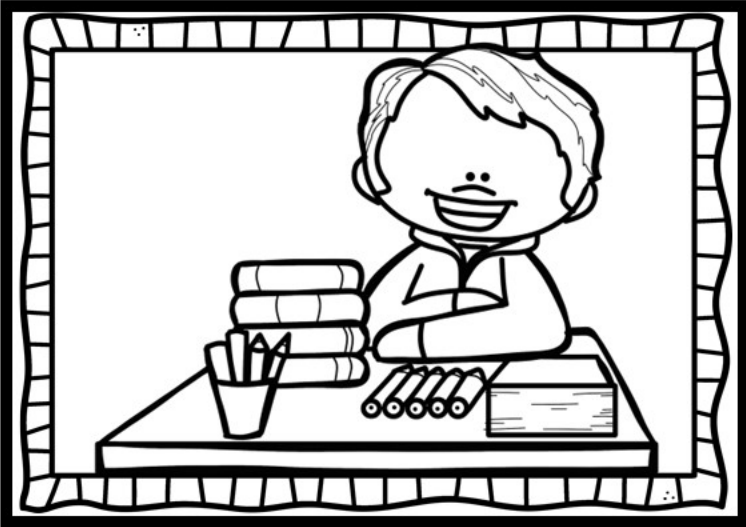
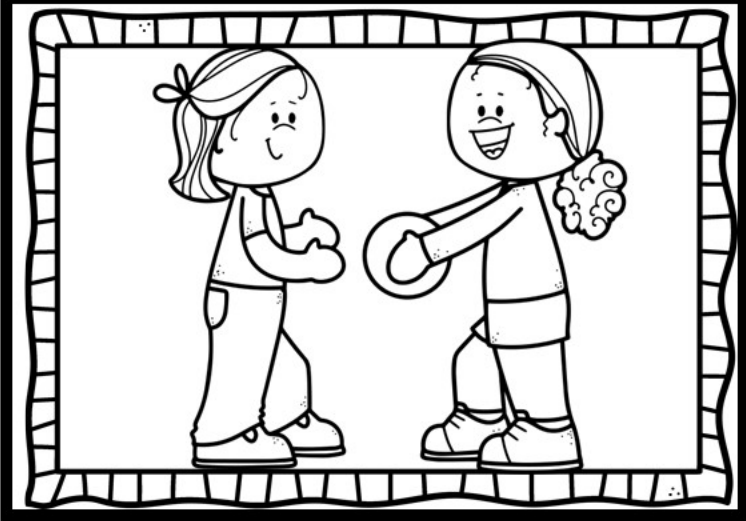
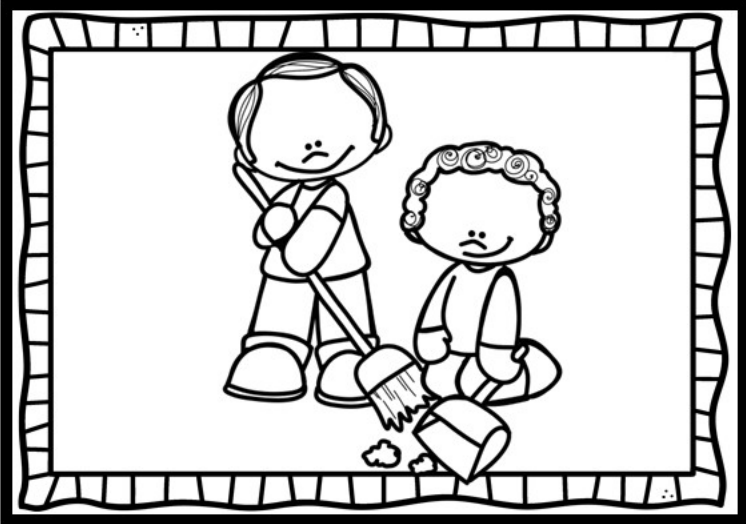
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